

**INFANT MEAL
PATTERN REQUIREMENTS
FY2022**





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Agenda

- CACFP General Requirements
- Breastmilk & Infant Formula
- Solid Foods & Developmental Readiness
- Infant CACFP Records

FY2022 Infant Meal Pattern

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CACFP General Requirements

CACFP defines infants as birth through 11 months

Each infant must have a current & complete:

- CACFP Enrollment
- Income Eligibility Form determined by center official on file to be claimed as "Free" or "Reduced"



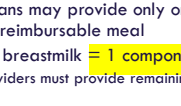
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CACFP General Requirements

Providing Food Components

- All Centers must offer and provide:
 - One formula to parents
 - Meals to infants
 This includes centers who do not claim infant meals for reimbursement.
- Parents/guardians may provide only one creditable component per meal for a reimbursable meal
 - i.e., provide breastmilk = 1 component
 - Childcare providers must provide remaining components



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CACFP General Requirements

Meal Eligibility

Allowed to claim:

- 2 meals & 1 snack per infant per day
- OR
- 2 snacks & 1 meal per infant per day



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CACFP General Requirements

Infant Meal Pattern
Post prominently

- ➔ Breastmilk and/or Formula
- + Solid Foods are added when the infant is developmentally ready

Age & Feeding	Amount & Timing
6-12 Months 4-8 ounces of breastmilk or formula AND 2-4 oz of any infant cereal** 1-4 oz of any infant puree** 1-2 oz of any infant vegetable** 1-2 oz of any infant fruit**	3-4 times At least 1-2 hours after previous meal
12-18 Months 4-8 ounces of breastmilk or formula AND 2-4 oz of any infant cereal** 1-4 oz of any infant puree** 1-2 oz of any infant vegetable** 1-2 oz of any infant fruit**	3-4 times At least 1-2 hours after previous meal

** Infants must be developmentally ready to eat solid foods. Always consult your pediatrician or a registered dietitian for more information. Always use appropriate portion sizes. Always use appropriate portion sizes. Always use appropriate portion sizes.

Handout

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CACFP General Requirements

Feeding Infants Resource

- Each Infant Staff Member should review this resource
- Includes staff questionnaires and parent resources

<https://www.fns.usda.gov/tn/feeding-infants-child-and-adult-care-food-program>



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CACFP General Requirements

Feeding Infants Guide Page 8-9

Hunger

Table 1 How Can I Tell if a Baby is Hungry?	
<p>Look for signs of hunger during regular times. Your observations may take on different look based on each child's temperament and feeding style.</p> <ul style="list-style-type: none"> Baby becomes fussy or irritable Moaning or crying Reaches out or opens mouth Moaning or crying <p>Don't keep withholding the baby's arms before feeding times as that may lead to further issues with the baby's oral motor skills or other issues. Look for signs of the earlier signs of hunger.</p>	

Fullness

Table 2 How Can I Tell if a Baby is Full?	
<p>Look for one or more of these signs that indicate fullness.</p> <ul style="list-style-type: none"> Turning head away Spitting out food Pushing food away Slowed or stopped eating Crying or fussing <p>Do not force-feed the baby or continue to feed the baby after the baby has turned away or pushed food away. Stop feeding the baby once you see these signs and stop. Always consult your pediatrician. Stop after the baby is satisfied, even when it looks like they still want to eat.</p>	

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Breastmilk & Infant Formula

Breastmilk or infant formula is the only meal component required until the infant is developmentally ready for solid foods

Birth to 5 Months:

- Minimum serving size is **4-6 oz**

6 month through 11 months:

- Minimum serving size is **6-8 oz**




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Breastmilk & Infant Formula

DID YOU EVER WONDER WHAT'S IN... ?

BREASTMILK	FORMULA
<ul style="list-style-type: none"> • Contains 100% of the nutrients an infant needs for growth and development • Contains antibodies that help protect against infection • Contains enzymes that help digest food • Contains hormones that help regulate growth and development • Contains stem cells that help build and regenerate tissues • Contains live bacteria that help establish a healthy gut microbiome • Contains cholesterol that helps build strong bones and brains • Contains iron that helps prevent anemia • Contains vitamin K that helps with blood clotting • Contains vitamin D that helps with bone health • Contains vitamin E that helps with cell health • Contains vitamin A that helps with vision and immune health • Contains vitamin C that helps with immune health • Contains vitamin B12 that helps with brain health • Contains folic acid that helps with brain health • Contains calcium that helps with bone health • Contains phosphorus that helps with bone health • Contains potassium that helps with blood pressure • Contains sodium that helps with fluid balance • Contains magnesium that helps with muscle function • Contains zinc that helps with immune health • Contains selenium that helps with cell health • Contains iodine that helps with thyroid health • Contains copper that helps with cell health • Contains manganese that helps with bone health • Contains chromium that helps with insulin sensitivity • Contains molybdenum that helps with enzyme function • Contains boron that helps with bone health • Contains vanadium that helps with bone health • Contains silicon that helps with bone health • Contains strontium that helps with bone health • Contains calcium that helps with bone health • Contains phosphorus that helps with bone health • Contains potassium that helps with blood pressure • Contains sodium that helps with fluid balance • Contains magnesium that helps with muscle function • Contains zinc that helps with immune health • Contains selenium that helps with cell health • Contains iodine that helps with thyroid health • Contains copper that helps with cell health • Contains manganese that helps with bone health • Contains chromium that helps with insulin sensitivity • Contains molybdenum that helps with enzyme function • Contains boron that helps with bone health • Contains vanadium that helps with bone health • Contains silicon that helps with bone health • Contains strontium that helps with bone health 	<ul style="list-style-type: none"> • Contains 100% of the nutrients an infant needs for growth and development • Contains antibodies that help protect against infection • Contains enzymes that help digest food • Contains hormones that help regulate growth and development • Contains stem cells that help build and regenerate tissues • Contains live bacteria that help establish a healthy gut microbiome • Contains cholesterol that helps build strong bones and brains • Contains iron that helps prevent anemia • Contains vitamin K that helps with blood clotting • Contains vitamin D that helps with bone health • Contains vitamin E that helps with cell health • Contains vitamin A that helps with vision and immune health • Contains vitamin C that helps with immune health • Contains vitamin B12 that helps with brain health • Contains folic acid that helps with brain health • Contains calcium that helps with bone health • Contains phosphorus that helps with bone health • Contains potassium that helps with blood pressure • Contains sodium that helps with fluid balance • Contains magnesium that helps with muscle function • Contains zinc that helps with immune health • Contains selenium that helps with cell health • Contains iodine that helps with thyroid health • Contains copper that helps with cell health • Contains manganese that helps with bone health • Contains chromium that helps with insulin sensitivity • Contains molybdenum that helps with enzyme function • Contains boron that helps with bone health • Contains vanadium that helps with bone health • Contains silicon that helps with bone health • Contains strontium that helps with bone health

Breastmilk is optimal source of nutrients




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Breastmilk & Infant Formula



USDA promotes breastfeeding by allowing reimbursement when:

- A parent/guardian supplies breastmilk
- A mother breastfeeds her infant ON-SITE

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Breastmilk & Infant Formula

Expressed Breastmilk

- OK to offer less than the minimum serving size of breastmilk
- Offer additional breastmilk later, if infant will consume more



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Breastmilk & Infant Formula

Breastmilk Storage Guidelines

BREASTMILK STORAGE

The Nebraska Child Care Licensing Regulations for Child Care facilities have established the following storage guidelines and the recommended guidelines for families to use in their own homes. The goal of this document is to help families and child care providers follow the appropriate breastmilk storage guidelines.

TYPES OF BREASTMILK	STORAGE LOCATIONS AND TEMPERATURES		
	COUNTERTOP (77°F)	REFRIGERATOR (40°F)	FREEZER (0°F)
FRESHLY EXPRESSED	Not greater than 4 hours 🏠 Up to 4 hours	Up to 2 days 🏠 Up to 4 days (up to 6 days for extended)	6 months 🏠 6 months (up to 12 months for extended)
THAWED, PREVIOUSLY FROZEN	Not greater than 2 hours 🏠 1-2 hours	Up to 2 days 🏠 Up to 1 day	NEVER refreeze breast milk
LEFTOVER FROM FEEDING	🏠 Use within 1 hour after the baby has finished feeding	🏠 Use within 2 hours after the baby has finished feeding	

Note: Breastmilk that is used for the Nebraska Child Care Licensing Regulations should be prepared primarily for the family.

KEY: 🏠 HOME 🏢 CHILD CARE FACILITY

Handout 15

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Breastmilk/Formula for Infants

Creating a Friendly Environment



Feeding Infants Guide Page 27

- Drinking water for mom
- Pillow to support baby
- Small table to place items
- Electrical outlet for a breast pump
- Small table to place items
- Disinfecting Wipes
- Stepstool to support feet

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Breastmilk & Infant Formula

USDA Resources




<https://www.fns.usda.gov/tn/breastfed-babies-welcome-here>

Available in Spanish | Handout

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Breastmilk & Infant Formula

Iron-Fortified Infant Formula

- Best supplement for breastmilk
- Supports healthy brain development & growth
- Reimbursable meals may include:
 - Iron-fortified formula
 - Breastmilk
 - Combination of both

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Breastmilk & Infant Formula



Iron-fortified Infant Formula


- All Sponsors must offer at least **1 type** of iron-fortified infant formula
 - Identify brand of formula on Sponsor Application
- All Infant formula must be regulated by FDA
 - Does not credit if purchased outside U.S.

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Breastmilk & Infant Formula

Iron Fortified Infant Formula



Must specify "with iron" or "iron-fortified"

Must have 1 mg of iron per 100 calories of formula & prepared according to directions.

NUTRIENTS per 100 Calories (3.3 fl oz)	
PROTEIN	8.1 g
IRON	1.0 mg
CARBOHYDRATE	12.2 g
VITAMINS	
Calcium	100 mg
Iron	1.0 mg
Phosphorus	100 mg
Potassium	100 mg
Sodium	100 mg
Zinc	100 mg
MINERALS	
Calcium	100 mg
Iron	1.0 mg
Phosphorus	100 mg
Potassium	100 mg
Sodium	100 mg
Zinc	100 mg

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Breastmilk & Infant Formula

Serving Infant Formula

- Infants may not drink the entire serving of formula
 - Must still provide minimum serving size based on the infant's age
- Formula used to prepare infant cereal does not count toward the minimum requirement
- Do **not** put infant cereal in a bottle

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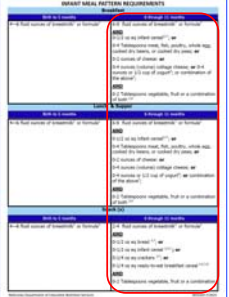
Agenda

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Solid Foods & Developmental Readiness



Once an infant shows signs of developmental readiness, **solid foods must be offered:**

- Zero (0) ≠ Optional
- Gradually introduce solid foods one at a time, over a few days
- Appropriate texture, consistency
- Observe for allergic reactions

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Solid Foods & Developmental Readiness

Breakfast, Lunch & Supper - Solid Foods

- 0-1/2 oz eq infant cereal; **or**
- 0-4 Tablespoons meat, fish, poultry, whole egg, cooked dry beans, or cooked dry peas; **or**
- 0-2 ounces of cheese; **or**
- 0-4 ounces (volume) cottage cheese; **or**
- 0-4 ounces or 1/2 cup of yogurt; **or** combination of the above;

AND

- 0-2 Tablespoons vegetable, fruit or a combination of both

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Solid Foods & Developmental Readiness

What are Infant Solids?

Solid Foods are:

- Commercially prepared baby foods (Gerber, Happy Baby Food, Gerber Graduates, Beech-nut, etc.)
- Center prepared baby foods from table foods (Meats, Fruits, etc.)
- Table Foods



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Solid Foods & Developmental Readiness

Food texture should be appropriate for the infant you are feeding:

- * Puree, Mashed, Ground
- * Diced, Small bite-size pieces less 1/2 inch



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Solid Foods & Developmental Readiness

Iron-Fortified Infant Cereals

- Iron-fortified infant cereals are often the first solid foods:
 - Often easiest to digest
 - Least likely to cause an allergic reaction
 - Added source Iron
- Serve at meals & snacks when infants are developmentally ready
- Minimum serving size: 0- 1/2 oz eq
 (approximately - 4 Tbsp)

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Solid Foods & Developmental Readiness

Iron Fortified Infant Cereal

Must be labeled "iron rich"

Nutrition facts label must indicate it is at least 45% daily value

Note: Commercially prepared infant cereals (in a jar), regular or instant cereal, and cereals containing fruit are not creditable for infants.

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Solid Foods & Developmental Readiness

Vegetables & Fruits

- Required at all meals & snacks
 - Serve vegetable, fruit, or a combination of both
 - Increases consumption & promotes better acceptance later in life
- Great source of essential nutrients
 - i.e., fiber & vitamin C
- Minimum serving size: **0-4 Tablespoons**

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Solid Foods & Developmental Readiness

Commercially Prepared Vegetables & Fruits

Creditable: First ingredient listed must be fruit/vegetable; should not contain added sugar or salt.

INGREDIENTS: CARROTS, WATER.

Avoid combinations such as peas mixed with peaches until the infant has been introduced to each food separately.

Not Creditable Hawaiian Delight, Peach Cobbler, pudding, etc.

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Solid Foods & Developmental Readiness
Center Prepared Vegetables & Fruits

- Cooked and processed to the appropriate texture
- No added fat, salt or sugar
- Canned or frozen - no added salt or sugar



Progress from puree to ground to fork mashed, and eventually to diced as baby's skills develop.


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Solid Foods & Developmental Readiness
Vegetables & Fruits

Warning - Choking hazards:

- Raw vegetables
- Hard raw fruits i.e., apple, pear...
- Whole pieces canned fruit
- Cooked or raw whole corn kernels
- Whole grapes, cherries, grape tomatoes
(cut into small pieces for older infants)
- Uncooked dried fruit




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Solid Foods & Developmental Readiness

Juice

- **Not creditable** component toward a reimbursable meal for infants
- Lacks dietary fiber found in fruits and vegetables




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Solid Foods & Developmental Readiness

Meat/Meat Alternates

- Serve at breakfast, lunch, and supper
- Minimum serving sizes:
 - 0-4 Tbsp.** Meat, fish, poultry, whole egg, cooked dry beans or peas
 - 0-2 oz.** Cheese
 - 0-4 oz.** Yogurt or cottage cheese (1/2 cup)

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Solid Foods & Developmental Readiness

Meat/Meat Alternates

- Beef, pork, lamb, veal, fish, chicken or turkey
- Commercially prepared
- Center prepared - well-cooked and pureed, mashed, or finely diced
- Single ingredient foods until baby is developmentally ready



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Solid Foods & Developmental Readiness

Meat/Meat Alternates

- Natural Cheese - Cheddar, Swiss, Colby, & Monterey Jack
- Cottage cheese
- Yogurt
- Whole Eggs
- Dry beans or peas




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Solid Foods & Developmental Readiness

Non-Creditable Cheese Foods

- Product packaging states:
 - "Imitation cheese"
 - "Cheese food and spreads"
 - "Cheese product"
- Common items
 - Cheese whips
 - Cheese with pimento
 - Cream cheese



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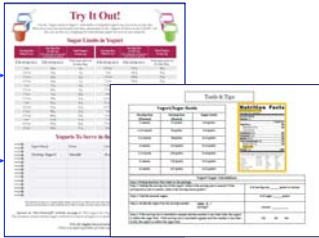
Solid Foods & Developmental Readiness

Yogurt - Sugar Limit

Must contain **no more than 23 grams of total sugars per 6 oz.**

Sugar Limits by container size

Write down selected options



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Solid Foods & Developmental Readiness

Snack Meal Pattern – Solid Foods

- 0-1/2 oz eq bread; **OR**
- 0-1/2 oz eq infant cereal; **OR**
- 0-1/4 oz eq crackers; **OR**
- 0-1/4 oz eq ready-to-eat breakfast cereal

AND

- 0-2 Tablespoons vegetable, fruit or a combination of both

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Solid Foods & Developmental Readiness

Grain creditable **only at Snack**

- Creditable grains
 - First ingredient whole or enriched grain
- Quantities to be recorded in Ounce Equivalent measurements

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Solid Foods & Developmental Readiness

Grain creditable **only at Snack**

Ready-to-eat breakfast cereals:

- No more than 6 grams of sugar per dry oz.
- Try It Out! Chart tool

ONLY AT SNACK

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Solid Foods & Developmental Readiness

Determining Creditable Foods

Food	Creditable			Comments
	Yes	Maybe	No	
Baby foods, desserts (such as baby puddings, custards, cobblers, fruit desserts)			X	Baby food desserts often contain insufficient amounts of creditable ingredients. They are not 100% fruit and are often high in added sugars and fat and low in nutrients.
Baby foods, store-bought (commercial, combination foods (such as chicken and vegetables))	X			The American Academy of Pediatrics recommends introducing single-ingredient foods to babies first before giving a mix of foods, or combination foods. It is encouraged that once the baby is developmentally ready and has eaten each ingredient within a combination food individually without having an allergic reaction, then combination foods can be served. For example, a baby should try

Infant feeding guide page 150

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Solid Foods & Developmental Readiness
Determining Creditable Foods
 Creditable: **Yes**, **Maybe**, or **No**?

Graham Crackers – (pg. 169)
Yes

Peanut butter – (pg. 159)
No

Eggs – (pg. 157)
Yes

Sausage – (pg. 159)
Maybe




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Solid Foods & Developmental Readiness
Developmental Readiness

- Each infant's eating habits are unique and will change over time as they develop
- Introduction of solid foods is determined by the parent/guardian



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Solid Foods & Developmental Readiness
Developmental Readiness

- Introducing solid foods too early:
 - cause choking
 - consume less breastmilk or formula
 - increases risk of obesity



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Solid Foods & Developmental Readiness

Developmental Readiness

- Sits in chair with good head control
- Opens mouth for food
- Moves food from a spoon into throat
- Doubles in birth weight
- Generally, around 6 months of age

American Academy of Pediatrics Guidelines



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Solid Foods & Developmental Readiness

Parent Communication

- Working with parents helps to:
 - Ensure individual infants needs are met
 - Be consistent with eating habits
 - Support developmental readiness
- Always consult with parents/guardians first before serving solid foods



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Agenda

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Infant CACFP Records

Documenting Developmental Readiness

- Request a written statement from parents or guardians:
 - Outlining when & which solid foods to serve (NDE Form)
- Follows the preferences of parents or guardians and document conversations (e.g., notebook for each child)
- Licensing requirement



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Infant CACFP Records

Infant Formula Selection & Solids Food Form

- Instructions to Parents
- Infant Formula Selection & Solid Foods
 - Section A. Formula Selection
 - Section B. Solids Foods Permission
- Staff Instructions
(Post for staff in infant room)



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Infant CACFP Records

Instruction to Parents

- How to complete form
- What are the center's responsibilities
- Infant Meal Pattern

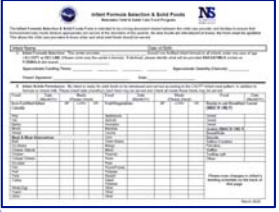
Staff need to be available to answer questions about completing the form



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Available in Spanish

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Infant CACFP Records



Form

Section A. Formula Selection

Section B. Solids Foods Permission

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Infant CACFP Records

Section A. Formula Selection Form

Infant Name: _____ Date of Birth: _____

A. Infant Formula Selection: This center provides _____ (brand) iron fortified infant formula to all infants under one year of age.
ACCEPT or **DECLINE** (Please circle one); the center's formula. If declined, please identify what will be provided **BREASTMILK** (circle) or **FORMULA** (list brand): _____

Approximate Feeding Times: _____ Approximate Quantity (Ounces): _____

Parent Signature: _____ Date: _____

Centers must:

- Record Infant Formula offered
- Ensure parents accept/decline formula
- If declined, identify formula or breastmilk for infant
- Obtain parents signature and date

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Infant CACFP Records

Section B. Solids Foods

- Completed by parent or **staff member**
- Identify date
- Mark the meals food is to be offered at the center
- Living Document – on-going changes

Food	Date (Month/Yr)	Meals (Please check)		
		BK	LUGU	SN
Fruit/Vegetables				
Applesauce				
Apricots				
Avocados				
Bananas				
Carrots				
Com				
Green Beans				
Mango				
Maple				
Peaches				
Pears				
Pears				
Plums/Prunes				
Potatoes				
Squash				
Sweet				
Potatoes				
Other:				
Other:				

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Infant CACFP Records

Food	Date (Month/Yr)
Ready-to-eat Breakfast Cereal (SNACK ONLY)	
Cereal:	
Cereal: Cheerios	4/2020
Cereal:	
Grains (SNACK ONLY)	
Bread/Rolls	
Biscuits	
Saltine Crackers	
Pancakes	
Waffles	
Tortillas soft	
Other:	

Section B. Solids Foods

- Foods only contribute to meeting meal pattern at snack

Prior to copying enter:

- Ready-to-eat breakfast cereals offered by your center to infants

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Infant CACFP Records

Changes in Schedule		
Date	New Instructions	Parent or Staff Signature

Infant feeding schedule or food changes can be noted:

- Page 2 of Form
- OR**
- Infant Production Records

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Infant CACFP Records

Instruction to Staff

How to:

- Review form for completeness
- Complete Infant Menu Production Records
- Complete Daily Meal Counts

NEBRASKA DEPARTMENT OF EDUCATION
Child Care Provider Instructional Guide
Version 10/2019

This document is an instructional guide for Child Care Providers. It is not intended to be used as a legal document. For more information, please contact the Nebraska Department of Education at 402-471-3000.

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Infant CACFP Records

NDE's Expectation from Centers:

- On-going communication with parents as infant grows
- Recorded Dates when solid foods are approved to be served and for which meals
- Correlation between the Infant Production Records and approved solid foods documentation

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Test Your Knowledge

Based on this form:
Do you have permission to serve
* Crackers
* Chicken

Infant Formula Selection & Solid Foods
Nebraska Child & Adult Care Food Program

The Infant Formula Selection & Solid Foods Form is intended to be a living document shared between the child care provider and families to ensure that recommended baby foods (where appropriate) are served at the discretion of the parents. As new foods are introduced at home, the form should be updated. This allows the child care providers to know when and what solid foods should be served.

Infant Name: John Doe Date of Birth: 01/01/2020

A. Infant Formula Selection: This center provides BRONNOLLI formula for infants under one year of age (ACCEPT or DECLINE (Please circle one) the center's formula. If declined, please identify what will be provided: BREASTMILK (circle) or FORMULA (list brand):

Approximate Feeding Times: 12:00 pm 3:00 pm 6:00 pm Approximate Quantity (ounces): 8 oz

Parent Signature: [Signature] Date: 07/28/2021

B. Infant Solids Permission: An infant is ready for solid foods to be served, in addition to formula or breast milk, according to the CACFP infant meal pattern. Please insert date (month/year) each food may be served and check all meals those foods may be served.

Food	Cereals		Fruit/Vegetables		Ready-to-eat Breakfast Cereals (BRACK ONLY)		
	DATE	PERM	DATE	PERM	DATE	PERM	
Cereals							
Wheat	07/28/2021	<input checked="" type="checkbox"/>	Applesauce	07/28/2021	<input checked="" type="checkbox"/>	Crustal Cereals	07/28/2021
Rice			Apricots			Corn	
Barley			Avocado			Crustal	
Millet			Bananas			Granola	
Oatmeal			Carrots	07/28/2021	<input checked="" type="checkbox"/>	Granola (BRACK ONLY)	
			Cauliflower			Granola Bars	
Meat & Meat Alternatives			Chickpeas			Hotdog	
Beef	07/28/2021	<input checked="" type="checkbox"/>	Green Beans			Instant Noodles	
Pork			Ham			Macaroni	
Chicken	07/28/2021	<input checked="" type="checkbox"/>	Mango			Macaroni & Cheese	07/28/2021
Chickpeas			Peas			Macaroni	
Collard Greens			Peanut Butter			Waffles	
Egg			Pears	07/28/2021	<input checked="" type="checkbox"/>	Yogurt and	
Flax Seed			Pineapple			Other	
Fish			Pumpkin				
Lentils			Spinach				
Tofu			Sweet Potato				
Turkey			Tomato				
Yogurt			Other				

Please note changes to infant's feeding indicated on the back of this page.

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Infant CACFP Records

Infant Production Records

Daily

BUILD 1 INFANT MEAL OR SNACK RECORD

Meal/Day	MEAL 1		MEAL 2		MEAL 3		MEAL 4	
	DATE	PERM	DATE	PERM	DATE	PERM	DATE	PERM
Breakfast								
Lunch								
Snack								
Dinner								

Weekly

NEBRASKA CHILD & ADULT CARE FOOD PROGRAM

Meal/Day	WEEK 1							
	DATE	PERM	DATE	PERM	DATE	PERM	DATE	PERM
Breakfast								
Lunch								
Snack								
Dinner								

Handout

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Infant CACFP Records

Infant Production Records

- Basic information
 - First & Last Name
 - Date of Birth
 - Meal Benefit Category (claim code)
 - Dates (Month/Day/Year)
- Formula/Breastmilk & Solid Food quantities prepared
 - 6 oz Formula or Breastmilk
 - ½ oz Rice Cereal, 2 T Beef etc.
 - 2 T Peaches; 3 T Peas; 1 ½ T Applesauce etc.
 - ¼ oz Goldfish crackers; ½ oz saline crackers, etc.

FY2022 Infant Meal Pattern
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Infant CACFP Records

- Specify **foods** and their **quantities**
- Use abbreviations to save time

*All food components are required unless noted as developmentally ready

Meal Benefit Category: A

Month, Day, Year	BREAKFAST			LUNCHEON			DINNERS		
	8-11 AM (2-7 months) 8-11 AM (8-11 months)	8-11 AM (2-7 months) Infant Cereal or Fruit or a combination of both 8-11 AM (8-11 months) Infant Cereal or Fruit or a combination of both	8-11 AM (2-7 months) Vegetables, or Fruit or a combination of both 8-11 AM (8-11 months) Vegetables, or Fruit or a combination of both	12-2 PM (2-7 months) 8-11 AM (8-11 months) Infant Cereal or Fruit or a combination of both 12-2 PM (8-11 months) Infant Cereal or Fruit or a combination of both	12-2 PM (2-7 months) Vegetables, or Fruit or a combination of both	12-2 PM (8-11 months) Infant Cereal or Fruit or a combination of both	3-7 PM (2-7 months) 3-7 PM (8-11 months) Infant Cereal or Fruit or a combination of both 3-7 PM (8-11 months) Infant Cereal or Fruit or a combination of both	3-7 PM (2-7 months) Vegetables, or Fruit or a combination of both 3-7 PM (8-11 months) Vegetables, or Fruit or a combination of both	3-7 PM (2-7 months) Vegetables, or Fruit or a combination of both
8/7	6 oz F Rice	½ oz Pears	2 T Peas	BM ¼ oz	2 T Beef	2 T Peas	4 oz BM	½ oz Carrots	2 T Pumpkin
8/8	6 oz F Rice	½ oz Squash	2 T F	6 oz Chicken	3 T Carrots	2 T Carrots	4 oz BM	½ oz Saline Crackers	2 T Mangoes


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Infant CACFP Records

Documenting On-site Breastfeeding

- Recording the total amount, a mother breastfeeds her infant is not required
- Acceptable way to document:
 - “Mom BM” or “Mom BF”
- Document while mother is breastfeeding on regular infant production record




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Infant CACFP Records

Remember:

- ➔ Infants are fed on demand
- ➔ Not required to follow the mealtimes on the application



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Infant CACFP Records

WEEKLY MEAL RECORD
Individual Infant - Breakfast, Lunch and PM Snack
**All food components are required when infant is developmentally ready*

Child's Name: Thayer, John Date of Birth: 1/31/2021
Site: Hokey Hideaway Meal Benefit Category: A

Infant meal counts **must** be supported with a complete infant production record for **each** infant.

Month, Day, Year	BREAKFAST			LUNCH			PM SNACK		
	8-11 AM (6-12 months) 8-11 AM (13-24 months) Sweetened Condensed Milk or Formula	9-11 AM (6-12 months) Infant Cereal or a combination of both	8-11 AM (13-24 months) Vegetable, or Fruit or a combination of both	11-2 PM (6-12 months) Infant Cereal or Formula	11-2 PM (13-24 months) Vegetable, or Fruit or a combination of both	8-11 AM (6-12 months) Infant Cereal or Sweetened Condensed Milk	2-4 PM (6-12 months) Vegetable, or Fruit or a combination of both	2-4 PM (13-24 months) Infant Cereal or Formula	2-4 PM (13-24 months) Vegetable, or Fruit or a combination of both
8/7/21	6 oz. F	1/2 oz Rice	2 T Pears	BM by mom	2 T Beef	2 T Peas			

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Infant CACFP Records

Infant Production Record

WEEKLY MEAL RECORD
Individual Infant - Breakfast, Lunch and PM Snack
**All food components are required when infant is developmentally ready*

Child's Name: Thayer, John Date of Birth: 1/31/2021
Site: Hokey Hideaway Meal Benefit Category: A


Month, Day, Year	BREAKFAST			LUNCH			PM SNACK		
	8-11 AM (6-12 months) 8-11 AM (13-24 months) Sweetened Condensed Milk or Formula	9-11 AM (6-12 months) Infant Cereal or a combination of both	8-11 AM (13-24 months) Vegetable, or Fruit or a combination of both	11-2 PM (6-12 months) Infant Cereal or Formula	11-2 PM (13-24 months) Vegetable, or Fruit or a combination of both	8-11 AM (6-12 months) Infant Cereal or Sweetened Condensed Milk	2-4 PM (6-12 months) Vegetable, or Fruit or a combination of both	2-4 PM (13-24 months) Infant Cereal or Formula	2-4 PM (13-24 months) Vegetable, or Fruit or a combination of both
8/7/21	6 oz. F	1/2 oz Rice	2 T Pears	BM by mom	2 T Beef	2 T Peas			

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Test your Knowledge

Q: A father brings organic pureed carrots for his 6-month-old baby to have at **lunch**. As the childcare provider, what food do you need to offer (supply) for the meal to be reimbursable?


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Test your Knowledge

Q: A mother breastfeeds her baby before she brings him to childcare. He is asleep when he arrives and stays asleep until 10:30 a.m. You did not have a chance to offer him breakfast since he was asleep. What do you do in order to claim a reimbursement of the breakfast meal?

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Test your Knowledge

Name a sign when an infant is developmentally ready for solid foods?

Answer:

1. _____
2. _____
3. _____

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Test your Knowledge

You may serve store bought or center prepared baby foods. Name an ingredient that **should not** be added when the center is preparing?

Answer:

1. _____
2. _____
3. _____


FY 2022 Infant Meal Pattern


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Wrap Up

Each infant must have a current & complete:

- CACFP Enrollment
- Income Eligibility Form determined by center official on file to be claimed as "Free" or "Reduced"
- Infant Formula Selection and Solid Readiness
- Infant meal production record for each meal claimed
- Daily Meal Count Records (blue & white)


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Questions?

Contact NDE
800-731-2233

Pick up your training certificate.



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