



# Nebraska School Safety

## PSYCHOLOGICAL FIRST AID FOR SCHOOLS

### FREE LIVE VIRTUAL TRAINING



The goal of this training is to assist schools to build Psychological First Aid (PFA) support teams. PFA is the suggested component of the recovery process of your Emergency Operations Plan. The PFA response can help staff and students recover from a broad range of distressful reactions to crisis incidents.

This training is designed for teams to help strengthen their response and recovery process for hazards, threats, and incidents. PFA training is provided free to schools and ESUs.

#### Level 1

##### Session Content:

- Connection to the Safety Big Picture
- Incident Command System
- Initial Stages - responding to incidents, hazards, and threats
- Staff, Student, and Parent messaging
- PFA Core Actions 1 and 2

##### Dates:

(register your team for one date)

- June 9, 2021
- Sept. 8, 2021
- Dec. 8, 2021
- March 9, 2022

Training is 8:30 A.M.-3:30 P.M. CST  
All training is virtual.

#### Level 2

##### Session Content:

- Responsive stage of PFA - School and ESU teams
- PFA core actions 3-5
- Scenarios: practice PFA response and messaging

##### Dates:

- June 10, 2021
- Oct. 13, 2021
- Jan. 12, 2022
- April 13, 2022

Training is 8:30 A.M.-3:30 P.M. CST  
All training is virtual.

#### Level 3

##### Session Content:

- Recovery stage of PFA - long term response
- PFA Core Actions 6-8
- Scenarios - Team Practice

##### Dates:

- Nov. 10, 2021
- Feb. 9, 2022
- May 11, 2022

Training is 8:30 A.M.-3:30 P.M. CST  
All training is virtual.

Register your team here or copy and paste to your browser:

[https://docs.google.com/forms/d/e/1FAIpQLSfTwCHRNldYIAImVC-3B2QN56A4ei8xy\\_DU8WkJQFc4yvjvRLA/viewform](https://docs.google.com/forms/d/e/1FAIpQLSfTwCHRNldYIAImVC-3B2QN56A4ei8xy_DU8WkJQFc4yvjvRLA/viewform)