

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

1. Percentage of schools in which students take the following number of required health education courses in grades 6 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a. 0 courses	-	-	4	-	-	5	-	-	1	0.0	†	10
b. 1 course	-	-	4	-	-	5	-	-	1	8.2	5.5 - 11.9	10
c. 2 courses	-	-	4	-	-	5	-	-	1	30.6	24.9 - 36.9	10
d. 3 courses	-	-	4	-	-	5	-	-	1	30.6	24.9 - 36.9	10
e. 4 or more courses	-	-	4	-	-	5	-	-	1	30.6	24.9 - 36.9	10

- Results are suppressed due to insufficient number of respondents in subgroup.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

1N. Percentage of all schools that require students to take two or more health education courses.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
-	-	4	-	-	5	-	-	1	91.8	88.1 - 94.5	10

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

2. Percentage of schools that taught a required health education course in each of the following grades.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a. Sixth grade	§	§	§	-	-	3	-	-	0	61.1	49.0 - 72.0	3
b. Seventh grade	§	§	§	-	-	4	-	-	1	57.7	48.4 - 66.5	5
c. Eighth grade	§	§	§	-	-	4	-	-	1	84.6	77.9 - 89.6	5
d. Ninth grade	-	-	4	-	-	0	-	-	1	100.0	†	5
e. Tenth grade	-	-	4	§	§	§	-	-	1	0.0	†	5
f. Eleventh grade	-	-	4	§	§	§	-	-	1	0.0	†	5
g. Twelfth grade	-	-	4	§	§	§	-	-	1	0.0	†	5

*Among schools with students in that grade.

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

3. Percentage of schools that require students who fail a required health education course to repeat it.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence			95% Confidence			95% Confidence			95% Confidence		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
-	-	4	-	-	5	-	-	1	55.1	48.5 - 61.5	10

*Among schools in which students take one or more required health education courses in any of grades 6 through 12.

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

4. Percentage of schools in which those who teach health education are provided with each of the following materials.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
a. Goals, objectives, and expected outcomes for health education	-	-	6	-	-	6	-	-	1	100.0	†	13
b. A chart describing the annual scope and sequence of instruction for health education	-	-	6	-	-	6	-	-	1	64.1	58.5 - 69.2	13
c. Plans for how to assess student performance in health education	-	-	6	-	-	6	-	-	1	65.6	59.9 - 70.9	13
d. A written health education curriculum	-	-	6	-	-	6	-	-	1	76.6	71.4 - 81.1	13

*Among schools that teach health education. Respondents that answered “NA” are excluded.

- Results are suppressed due to insufficient number of respondents in subgroup.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

5. Percentage of schools in which the health education curriculum addresses each of the following skills.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
a. Comprehending concepts related to health promotion and disease prevention to enhance health	-	-	6	-	-	6	-	-	1	100.0	†	13
b. Analyzing the influence of family, peers, culture, media, technology, and other factors on health behaviors	-	-	6	-	-	6	-	-	1	100.0	†	13
c. Accessing valid information and products and services to enhance health	-	-	6	-	-	6	-	-	1	100.0	†	13
d. Using interpersonal communication skills to enhance health and avoid or reduce health risks	-	-	6	-	-	6	-	-	1	89.1	84.3 - 92.5	13
e. Using decision-making skills to enhance health	-	-	6	-	-	6	-	-	1	100.0	†	13
f. Using goal-setting skills to enhance health	-	-	6	-	-	6	-	-	1	100.0	†	13
g. Practicing health-enhancing behaviors to avoid or reduce risks	-	-	6	-	-	6	-	-	1	100.0	†	13
h. Advocating for personal, family, and community health	-	-	6	-	-	6	-	-	1	100.0	†	13

- Results are suppressed due to insufficient number of respondents in subgroup.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

6. Percentage of schools in which those who teach sexual health education are provided with each of the following materials.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a. An approved health education scope and sequence that includes learning objectives, outcomes, and content to guide sexual health education instruction	-	-	7	-	-	5	-	-	1	75.4	70.1 - 80.1	13
b. A written health education curriculum that includes objectives and content addressing sexual health education	-	-	7	-	-	5	-	-	1	93.4	90.4 - 95.6	13
c. Teacher pacing guides for sexual health education (i.e., schedules that regulate a teacher's pace of the unit or curriculum)	-	-	7	-	-	5	-	-	1	50.8	45.1 - 56.5	13
d. Teaching resources (e.g., lesson plans, handouts) to support sexual health education instruction	-	-	7	-	-	5	-	-	1	93.4	90.4 - 95.6	13
e. Strategies that are age-appropriate, relevant, and actively engage students in learning	-	-	7	-	-	5	-	-	1	82.0	76.8 - 86.2	13
f. Methods to assess student knowledge and skills related to sexual health education	-	-	7	-	-	5	-	-	1	82.0	76.8 - 86.2	13

*Among schools that teach sexual health education.

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

7. Percentage of schools that provide curricula or supplementary materials that include HIV, STD, or pregnancy prevention information that is relevant to lesbian, gay, bisexual, transgender, and questioning youth.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
-	-	7	-	-	6	-	-	1	82.4	78.3 - 85.8	14

- Results are suppressed due to insufficient number of respondents in subgroup.
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NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

8. Percentage of schools in which health education instruction is required for students in any of grades 6 through 12.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
-	-	4	-	-	5	-	-	1	100.0	†	10

- Results are suppressed due to insufficient number of respondents in subgroup.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

9. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence	
		Interval	N		Interval	N		Interval	N		Interval	N
a. Alcohol- or other drug-use prevention	-	-	7	-	-	6	-	-	1	100.0	†	14
b. Asthma	-	-	7	-	-	6	-	-	1	38.2	33.0 - 43.8	14
c. Chronic disease prevention (e.g., diabetes, obesity prevention)	-	-	7	-	-	6	-	-	1	82.4	78.3 - 85.8	14
d. Emotional and mental health	-	-	7	-	-	6	-	-	1	100.0	†	14
e. Epilepsy or seizure disorder	-	-	7	-	-	6	-	-	1	50.0	44.5 - 55.5	14
f. Food allergies	-	-	7	-	-	6	-	-	1	61.8	56.2 - 67.0	14
g. Foodborne illness prevention	-	-	7	-	-	6	-	-	1	77.9	73.0 - 82.2	14
h. Human immunodeficiency virus (HIV) prevention	-	-	7	-	-	6	-	-	1	88.2	84.7 - 91.0	14
i. Human sexuality	-	-	7	-	-	6	-	-	1	94.1	91.4 - 96.0	14

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NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

9. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
j. Infectious disease prevention (e.g., influenza [flu] prevention)	-	-	7	-	-	6	-	-	1	94.1	91.4 - 96.0	14
k. Injury prevention and safety	-	-	7	-	-	6	-	-	1	83.8	79.1 - 87.6	14
l. Nutrition and dietary behavior	-	-	6	-	-	6	-	-	1	100.0	†	13
m. Physical activity and fitness	-	-	7	-	-	6	-	-	1	100.0	†	14
n. Pregnancy prevention	-	-	7	-	-	6	-	-	1	83.8	79.1 - 87.6	14
o. Sexually transmitted disease (STD) prevention	-	-	7	-	-	6	-	-	1	89.7	85.2 - 92.9	14
p. Suicide prevention	-	-	7	-	-	6	-	-	1	83.8	79.1 - 87.6	14
q. Tobacco-use prevention	-	-	6	-	-	6	-	-	1	100.0	†	13
r. Violence prevention (e.g., bullying, fighting, dating violence prevention)	-	-	7	-	-	6	-	-	1	100.0	†	14

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N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

10. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
a. Identifying tobacco products and the harmful substances they contain	-	-	7	-	-	6	-	-	1	83.8	79.1 - 87.6	14
b. Identifying short- and long-term health consequences of tobacco product use	-	-	7	-	-	6	-	-	1	94.1	91.4 - 96.0	14
c. Identifying social, economic, and cosmetic consequences of tobacco product use	-	-	7	-	-	6	-	-	1	77.9	73.0 - 82.2	14
d. Understanding the addictive nature of nicotine	-	-	7	-	-	6	-	-	1	94.1	91.4 - 96.0	14
e. Effects of nicotine on the adolescent brain	-	-	7	-	-	6	-	-	1	94.1	91.4 - 96.0	14
f. Effects of tobacco product use on athletic performance	-	-	7	-	-	6	-	-	1	77.9	73.0 - 82.2	14
g. Effects of second-hand smoke and benefits of a smoke-free environment	-	-	7	-	-	6	-	-	1	94.1	91.4 - 96.0	14
h. Understanding the social influences on tobacco product use, including media, family, peers, and culture	-	-	7	-	-	6	-	-	1	94.1	91.4 - 96.0	14
i. Identifying reasons why students do and do not use tobacco products	-	-	7	-	-	6	-	-	1	94.1	91.4 - 96.0	14
j. Making accurate assessments of how many peers use tobacco products	-	-	7	-	-	6	-	-	1	72.1	66.9 - 76.7	14

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NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

10. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
k. Using interpersonal communication skills to avoid tobacco product use (e.g., refusal skills, assertiveness)	-	-	7	-	-	6	-	-	1	77.9	73.0 - 82.2	14
l. Using goal-setting and decision-making skills related to not using tobacco products	-	-	7	-	-	6	-	-	1	77.9	73.0 - 82.2	14
m. Finding valid information and services related to tobacco-use prevention and cessation	-	-	7	-	-	6	-	-	1	83.8	79.1 - 87.6	14
n. Supporting others who abstain from or want to quit using tobacco products	-	-	6	-	-	6	-	-	1	100.0	†	13
o. Identifying harmful effects of tobacco product use on fetal development	-	-	7	-	-	6	-	-	1	94.1	91.4 - 96.0	14
p. Relationship between using tobacco products and alcohol or other drugs	-	-	6	-	-	6	-	-	1	100.0	†	13
q. How addiction to tobacco products can be treated	-	-	6	-	-	6	-	-	1	100.0	†	13
r. Understanding school policies and community laws related to the sale and use of tobacco products	-	-	7	-	-	6	-	-	1	72.1	66.9 - 76.7	14
s. Benefits of tobacco product cessation programs	-	-	7	-	-	6	-	-	1	72.1	66.9 - 76.7	14

- Results are suppressed due to insufficient number of respondents in subgroup.

† Confidence intervals not applicable for 0 percent or 100 percent.

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NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

10N. Percentage of schools that taught all 19 tobacco-use prevention topics during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
-	-	7	-	-	6	-	-	1	55.9	50.4 - 61.3	14

*Responses to question 10 a through s all are "yes."

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11. Percentage of schools in which teachers taught about the following tobacco products in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a. Cigarettes	-	-	7	-	-	6	-	-	1	89.7	85.2 - 92.9	14
b. Smokeless tobacco (e.g., chewing tobacco, snuff, dip, snus, dissolvable tobacco)	-	-	7	-	-	6	-	-	1	67.6	62.1 - 72.7	14
c. Cigars, little cigars, or cigarillos	-	-	7	-	-	6	-	-	1	61.8	56.2 - 67.0	14
d. Pipes	-	-	7	-	-	6	-	-	1	39.7	34.6 - 45.1	14
e. Electronic vapor products (e.g., e-cigarettes, vapes, vape pens, e-hookahs, mods, or brands such as JUUL)	-	-	7	-	-	6	-	-	1	83.8	79.1 - 87.6	14

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

12. Percentage of schools in which teachers taught each of the following alcohol- and other drug-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Differences between proper use and abuse of over-the-counter medicines and prescription medicines	-	-	7	-	-	6	-	-	1	83.8	79.1 - 87.6	14
b. Harmful short- and long-term physical, psychological, and social effects of using alcohol and other drugs	-	-	7	-	-	6	-	-	1	100.0	†	14
c. Situations that lead to the use of alcohol and other drugs	-	-	7	-	-	6	-	-	1	100.0	†	14
d. Alcohol and other drug use as an unhealthy way to manage weight	-	-	7	-	-	6	-	-	1	72.1	66.9 - 76.7	14
e. Identifying reasons why individuals choose to use or not to use alcohol and other drugs	-	-	7	-	-	6	-	-	1	100.0	†	14
f. Using interpersonal communication skills to avoid alcohol and other drug use (e.g., refusal skills, assertiveness)	-	-	7	-	-	6	-	-	1	100.0	†	14
g. Supporting others who abstain from or want to quit using alcohol and other drugs	-	-	7	-	-	6	-	-	1	100.0	†	14

- Results are suppressed due to insufficient number of respondents in subgroup.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

12. Percentage of schools in which teachers taught each of the following alcohol- and other drug-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
h. Understanding the social influences on alcohol and other drug use, including media, family, peers, and culture	-	-	7	-	-	6	-	-	1	100.0	†	14
i. How to persuade and support others to be alcohol and other drug free	-	-	7	-	-	6	-	-	1	100.0	†	14

- Results are suppressed due to insufficient number of respondents in subgroup.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a. How HIV and other STDs are transmitted	§	§	§	-	-	5	-	-	1	78.8	70.6 - 85.2	6
b. Health consequences of HIV, other STDs, and pregnancy	§	§	§	-	-	5	-	-	1	78.8	70.6 - 85.2	6
c. The benefits of being sexually abstinent	§	§	§	-	-	5	-	-	1	78.8	70.6 - 85.2	6
d. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy	§	§	§	-	-	5	-	-	1	45.5	37.4 - 53.8	6
e. The influences of family, peers, media, technology and other factors on sexual risk behaviors	§	§	§	-	-	5	-	-	1	78.8	70.6 - 85.2	6
f. Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	§	§	§	-	-	5	-	-	1	57.6	49.0 - 65.8	6
g. Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	§	§	§	-	-	5	-	-	1	78.8	70.6 - 85.2	6
h. Influencing and supporting others to avoid or reduce sexual risk behaviors	§	§	§	-	-	5	-	-	1	78.8	70.6 - 85.2	6

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
i. Efficacy of condoms, that is, how well condoms work and do not work	§	§	§	-	-	5	-	-	1	36.4	29.3 - 44.1	6
j. The importance of using condoms consistently and correctly	§	§	§	-	-	5	-	-	1	36.4	29.3 - 44.1	6
k. How to obtain condoms	§	§	§	-	-	5	-	-	1	33.3	26.0 - 41.6	6
l. How to correctly use a condom	§	§	§	-	-	5	-	-	1	33.3	26.0 - 41.6	6
m. Methods of contraception other than condoms	§	§	§	-	-	5	-	-	1	45.5	37.4 - 53.8	6
n. The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy	§	§	§	-	-	5	-	-	1	36.4	29.3 - 44.1	6
o. How to create and sustain healthy and respectful relationships	§	§	§	-	-	5	-	-	1	100.0	†	6
p. The importance of limiting the number of sexual partners	§	§	§	-	-	5	-	-	1	78.8	70.6 - 85.2	6
q. Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health	§	§	§	-	-	5	-	-	1	66.7	58.4 - 74.0	6

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
r. How to communicate sexual consent between partners	§	§	§	-	-	5	-	-	1	78.8	70.6 - 85.2	6
s. Recognizing and responding to sexual victimization and violence	§	§	§	-	-	5	-	-	1	66.7	58.4 - 74.0	6
t. Diversity of sexual orientations and gender identities	§	§	§	-	-	5	-	-	1	36.4	29.3 - 44.1	6
u. How gender roles and stereotypes affect goals, decision making, and relationships	§	§	§	-	-	5	-	-	1	78.8	70.6 - 85.2	6
v. The relationship between alcohol and other drug use and sexual risk behaviors	§	§	§	-	-	5	-	-	1	78.8	70.6 - 85.2	6

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. How HIV and other STDs are transmitted	-	-	6	§	§	§	-	-	1	100.0	†	7
b. Health consequences of HIV, other STDs, and pregnancy	-	-	6	§	§	§	-	-	1	100.0	†	7
c. The benefits of being sexually abstinent	-	-	6	§	§	§	-	-	1	100.0	†	7
d. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy	-	-	6	§	§	§	-	-	1	100.0	†	7
e. The influences of family, peers, media, technology and other factors on sexual risk behaviors	-	-	6	§	§	§	-	-	1	100.0	†	7
f. Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	-	-	6	§	§	§	-	-	1	100.0	†	7
g. Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	-	-	6	§	§	§	-	-	1	85.7	79.6 - 90.2	7
h. Influencing and supporting others to avoid or reduce sexual risk behaviors	-	-	6	§	§	§	-	-	1	100.0	†	7

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
i. Efficacy of condoms, that is, how well condoms work and do not work	-	-	6	§	§	§	-	-	1	100.0	†	7
j. The importance of using condoms consistently and correctly	-	-	6	§	§	§	-	-	1	100.0	†	7
k. How to obtain condoms	-	-	6	§	§	§	-	-	1	100.0	†	7
l. How to correctly use a condom	-	-	6	§	§	§	-	-	1	85.7	79.6 - 90.2	7
m. Methods of contraception other than condoms	-	-	6	§	§	§	-	-	1	100.0	†	7
n. The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy	-	-	6	§	§	§	-	-	1	100.0	†	7
o. How to create and sustain healthy and respectful relationships	-	-	6	§	§	§	-	-	1	100.0	†	7
p. The importance of limiting the number of sexual partners	-	-	6	§	§	§	-	-	1	100.0	†	7
q. Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health	-	-	6	§	§	§	-	-	1	100.0	†	7

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
r. How to communicate sexual consent between partners	-	-	6	§	§	§	-	-	1	100.0	†	7
s. Recognizing and responding to sexual victimization and violence	-	-	6	§	§	§	-	-	1	100.0	†	7
t. Diversity of sexual orientations and gender identities	-	-	6	§	§	§	-	-	1	85.7	79.6 - 90.2	7
u. How gender roles and stereotypes affect goals, decision making, and relationships	-	-	6	§	§	§	-	-	1	85.7	79.6 - 90.2	7
v. The relationship between alcohol and other drug use and sexual risk behaviors	-	-	6	§	§	§	-	-	1	100.0	†	7

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13N_1. Percentage of schools that taught all 22 sexual health topics in any of grades 6, 7, or 8 during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
§	§	§	-	-	5	-	-	1	0.0	†	6

*Responses to question 13 a through v all are "yes."

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13N_2. Percentage of schools that taught all 22 sexual health topics in any of grades 9, 10, 11, or 12 during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
-	-	6	§	§	§	-	-	1	71.4	64.2 - 77.7	7

*Responses to question 13 a through v all are "yes."

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

14. Percentage of schools in which teachers assess the ability of students to do each of the following in a required course for students in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Comprehend concepts important to prevent HIV, other STDs, and pregnancy	§	§	§	-	-	5	-	-	1	78.8	70.6 - 85.2	6
b. Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors	§	§	§	-	-	5	-	-	1	78.8	70.6 - 85.2	6
c. Access valid information, products, and services to prevent HIV, other STDs, and pregnancy	§	§	§	-	-	5	-	-	1	66.7	58.4 - 74.0	6
d. Use interpersonal communication skills to avoid or reduce sexual risk behaviors	§	§	§	-	-	5	-	-	1	57.6	49.0 - 65.8	6
e. Use decision-making skills to prevent HIV, other STDs, and pregnancy	§	§	§	-	-	5	-	-	1	57.6	49.0 - 65.8	6
f. Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them	§	§	§	-	-	5	-	-	1	57.6	49.0 - 65.8	6
g. Influence and support others to avoid or reduce sexual risk behaviors	§	§	§	-	-	5	-	-	1	78.8	70.6 - 85.2	6

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

14. Percentage of schools in which teachers assess the ability of students to do each of the following in a required course for students in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Comprehend concepts important to prevent HIV, other STDs, and pregnancy	-	-	6	§	§	§	-	-	1	100.0	†	7
b. Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors	-	-	6	§	§	§	-	-	1	100.0	†	7
c. Access valid information, products, and services to prevent HIV, other STDs, and pregnancy	-	-	6	§	§	§	-	-	1	100.0	†	7
d. Use interpersonal communication skills to avoid or reduce sexual risk behaviors	-	-	6	§	§	§	-	-	1	100.0	†	7
e. Use decision-making skills to prevent HIV, other STDs, and pregnancy	-	-	6	§	§	§	-	-	1	100.0	†	7
f. Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them	-	-	6	§	§	§	-	-	1	85.7	79.6 - 90.2	7
g. Influence and support others to avoid or reduce sexual risk behaviors	-	-	6	§	§	§	-	-	1	100.0	†	7

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

**2020 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results**

15. Percentage of schools in which teachers provided students with the opportunity to practice the following skills in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Communication, decision-making, goal-setting, or refusal skills related to sexual health (e.g., through role playing)	-	-	7	-	-	6	-	-	1	89.7	85.2 - 92.9	14
b. Analyzing the influence of family, media, and culture on sexual health	-	-	7	-	-	6	-	-	1	100.0	†	14
c. Accessing valid sexual health information, products, and services	-	-	7	-	-	6	-	-	1	88.2	84.7 - 91.0	14

- Results are suppressed due to insufficient number of respondents in subgroup.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

16. Percentage of schools in which teachers implemented the following inclusive practices when providing sexual health education in a required course for students in grades 6 through 12 during the current school year.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence	
		Interval	N		Interval	N		Interval	N		Interval	N
a. Encouraged use of gender-neutral pronouns such as “they/them” during instruction to recognize gender diversity among students	-	-	5	-	-	4	-	-	1	61.2	54.8 - 67.3	10
b. Provided positive examples of lesbian, gay, bisexual, or transgender (LGBT) people and same-sex relationships	-	-	5	-	-	4	-	-	1	69.4	63.1 - 75.1	10
c. Encouraged students to respect others’ sexual and gender identities	-	-	5	-	-	4	-	-	1	91.8	88.1 - 94.5	10
d. Provided students with information about LGBT resources within the school (e.g., counseling services, student support groups like Gay/Straight Alliances or Genders and Sexualities Alliances)	-	-	5	-	-	4	-	-	1	38.8	32.7 - 45.2	10
e. Identified additional LGBT resources available in the community or online	-	-	5	-	-	4	-	-	1	38.8	32.7 - 45.2	10

*Among schools that teach sexual health education.

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

17. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
a. Benefits of healthy eating	-	-	6	-	-	6	-	-	1	100.0	†	13
b. Benefits of drinking plenty of water	-	-	6	-	-	6	-	-	1	100.0	†	13
c. Benefits of eating breakfast every day	-	-	6	-	-	6	-	-	1	100.0	†	13
d. Food guidance using the current Dietary Guidelines for Americans (e.g., MyPlate)	-	-	7	-	-	6	-	-	1	94.1	91.4 - 96.0	14
e. Using food labels	-	-	6	-	-	6	-	-	1	100.0	†	13
f. Differentiating between nutritious and non-nutritious beverages	-	-	6	-	-	6	-	-	1	100.0	†	13
g. Balancing food intake and physical activity	-	-	6	-	-	6	-	-	1	100.0	†	13
h. Eating more fruits, vegetables, and whole grain products	-	-	6	-	-	6	-	-	1	100.0	†	13
i. Choosing foods and snacks that are low in solid fat (i.e., saturated and trans fat)	-	-	6	-	-	6	-	-	1	100.0	†	13
j. Choosing foods, snacks, and beverages that are low in added sugars	-	-	6	-	-	6	-	-	1	100.0	†	13
k. Choosing foods and snacks that are low in sodium	-	-	6	-	-	6	-	-	1	100.0	†	13

- Results are suppressed due to insufficient number of respondents in subgroup.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

17. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
l. Eating a variety of foods that are high in calcium	-	-	6	-	-	6	-	-	1	93.8	90.8 - 95.8	13
m. Eating a variety of foods that are high in iron	-	-	6	-	-	6	-	-	1	93.8	90.8 - 95.8	13
n. Food safety	-	-	6	-	-	6	-	-	1	89.1	84.3 - 92.5	13
o. Preparing healthy meals and snacks	-	-	6	-	-	6	-	-	1	89.1	84.3 - 92.5	13
p. Risks of unhealthy weight control practices	-	-	6	-	-	6	-	-	1	100.0	†	13
q. Accepting body size differences	-	-	7	-	-	6	-	-	1	94.1	91.4 - 96.0	14
r. Signs, symptoms, and treatment for eating disorders	-	-	7	-	-	6	-	-	1	83.8	79.1 - 87.6	14
s. Relationship between diet and chronic diseases	-	-	7	-	-	6	-	-	1	77.9	73.0 - 82.2	14
t. Assessing body mass index (BMI)	-	-	6	-	-	6	-	-	1	100.0	†	13
u. The influence of the media on dietary behaviors	-	-	7	-	-	6	-	-	1	94.1	91.4 - 96.0	14
v. Food production, including how food is grown, harvested, processed, packaged, and transported	-	-	7	-	-	6	-	-	1	83.8	79.1 - 87.6	14

- Results are suppressed due to insufficient number of respondents in subgroup.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

17N. Percentage of schools that taught all 22 nutrition and dietary behavior topics during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
-	-	7	-	-	6	-	-	1	77.9	73.0 - 82.2	14

*Responses to question 17 a through v all are “yes.”

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

18. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Short-term and long-term benefits of physical activity, including reducing the risks for chronic disease	-	-	7	-	-	6	-	-	1	100.0	†	14
b. Mental and social benefits of physical activity	-	-	7	-	-	6	-	-	1	100.0	†	14
c. Health-related fitness (i.e., cardiorespiratory endurance, muscular endurance, muscular strength, flexibility, and body composition)	-	-	7	-	-	6	-	-	1	100.0	†	14
d. Phases of a workout (i.e., warm-up, workout, and cool down)	-	-	7	-	-	6	-	-	1	77.9	73.0 - 82.2	14
e. Recommended amounts and types of moderate, vigorous, muscle-strengthening, and bone-strengthening physical activity	-	-	7	-	-	6	-	-	1	94.1	91.4 - 96.0	14
f. Decreasing sedentary activities (e.g., television viewing, using video games)	-	-	7	-	-	6	-	-	1	94.1	91.4 - 96.0	14
g. Preventing injury during physical activity	-	-	7	-	-	6	-	-	1	83.8	79.1 - 87.6	14

- Results are suppressed due to insufficient number of respondents in subgroup.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

18. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
h. Weather-related safety (e.g., avoiding heat stroke, hypothermia, and sunburn while physically active)	-	-	7	-	-	6	-	-	1	83.8	79.1 - 87.6	14
i. Dangers of using performance-enhancing drugs (e.g., steroids)	-	-	7	-	-	6	-	-	1	100.0	†	14
j. Increasing daily physical activity	-	-	7	-	-	6	-	-	1	100.0	†	14
k. Incorporating physical activity into daily life (without relying on a structured exercise plan or special equipment)	-	-	7	-	-	6	-	-	1	94.1	91.4 - 96.0	14
l. Using safety equipment for specific physical activities	-	-	7	-	-	6	-	-	1	100.0	†	14
m. Benefits of drinking water before, during, and after physical activity	-	-	7	-	-	6	-	-	1	100.0	†	14

- Results are suppressed due to insufficient number of respondents in subgroup.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

18N. Percentage of schools that taught all 13 physical activity topics during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
-	-	7	-	-	6	-	-	1	72.1	66.9 - 76.7	14

*Responses to question 18 a through m all are "yes."

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

19. Percentage of schools in which health education staff worked with the following groups on health education activities during the current school year.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a. Physical education staff	-	-	7	-	-	6	-	-	1	89.7	85.2 - 92.9	14
b. Health services staff (e.g., nurses)	-	-	7	-	-	6	-	-	1	67.6	62.1 - 72.7	14
c. Mental health or social services staff (e.g., psychologists, counselors, social workers)	-	-	7	-	-	6	-	-	1	55.9	50.4 - 61.3	14
d. Nutrition or food service staff	-	-	7	-	-	6	-	-	1	45.6	40.2 - 51.0	14
e. School health council, committee, or team	-	-	7	-	-	6	-	-	1	61.8	56.2 - 67.0	14

*Among schools that have health education staff.

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

20. Percentage of schools that provided parents and families with health information designed to increase parent and family knowledge of the following topics during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence	
		Interval	N		Interval	N		Interval	N		Interval	N
a. HIV, other STD, or pregnancy prevention	-	-	7	-	-	6	-	-	1	33.8	28.9 - 39.1	14
b. Tobacco-use prevention	-	-	7	-	-	6	-	-	1	55.9	50.4 - 61.3	14
c. Alcohol- or other drug-use prevention	-	-	7	-	-	6	-	-	1	61.8	56.2 - 67.0	14
d. Physical activity	-	-	7	-	-	6	-	-	1	61.8	56.2 - 67.0	14
e. Nutrition and healthy eating	-	-	7	-	-	6	-	-	1	67.6	62.1 - 72.7	14
f. Asthma	-	-	7	-	-	6	-	-	1	17.6	14.2 - 21.7	14
g. Food allergies	-	-	7	-	-	6	-	-	1	51.5	46.0 - 56.9	14
h. Diabetes	-	-	7	-	-	6	-	-	1	39.7	34.6 - 45.1	14
i. Preventing student bullying and sexual harassment, including electronic aggression (i.e., cyber-bullying)	-	-	7	-	-	6	-	-	1	73.5	68.1 - 78.4	14

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

21. Percentage of schools in which teachers have given students health education homework assignments or activities to do at home with their parents during the current school year.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
-	-	7	-	-	6	-	-	1	39.7	34.6 - 45.1	14

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

22. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence	
		Interval	N		Interval	N		Interval	N		Interval	N
a. Alcohol- or other drug-use prevention	-	-	7	-	-	6	-	-	1	50.0	44.5 - 55.5	14
b. Asthma	-	-	7	-	-	6	-	-	1	32.4	27.3 - 37.9	14
c. Chronic disease prevention (e.g., diabetes, obesity prevention)	-	-	7	-	-	6	-	-	1	38.2	33.0 - 43.8	14
d. Emotional and mental health	-	-	7	-	-	6	-	-	1	72.1	66.9 - 76.7	14
e. Epilepsy or seizure disorder	-	-	7	-	-	6	-	-	1	38.2	33.0 - 43.8	14
f. Food allergies	-	-	7	-	-	6	-	-	1	50.0	44.5 - 55.5	14
g. Foodborne illness prevention	-	-	7	-	-	6	-	-	1	39.7	34.6 - 45.1	14
h. HIV prevention	-	-	7	-	-	6	-	-	1	39.7	34.6 - 45.1	14
i. Human sexuality	-	-	7	-	-	6	-	-	1	27.9	23.3 - 33.1	14
j. Infectious disease prevention (e.g., flu prevention)	-	-	7	-	-	6	-	-	1	67.6	62.1 - 72.7	14

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

22. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence	
		Interval	N		Interval	N		Interval	N		Interval	N
k. Injury prevention and safety	-	-	7	-	-	6	-	-	1	66.2	60.9 - 71.1	14
l. Nutrition and dietary behavior	-	-	7	-	-	6	-	-	1	66.2	60.9 - 71.1	14
m. Physical activity and fitness	-	-	7	-	-	6	-	-	1	72.1	66.9 - 76.7	14
n. Pregnancy prevention	-	-	7	-	-	6	-	-	1	33.8	28.9 - 39.1	14
o. STD prevention	-	-	7	-	-	6	-	-	1	23.5	19.5 - 28.1	14
p. Suicide prevention	-	-	7	-	-	6	-	-	1	72.1	66.9 - 76.7	14
q. Tobacco-use prevention	-	-	7	-	-	6	-	-	1	50.0	44.5 - 55.5	14
r. Violence prevention (e.g., bullying, fighting, dating violence prevention)	-	-	7	-	-	6	-	-	1	72.1	66.9 - 76.7	14

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

23. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
a. Teaching students with physical, medical, or cognitive disabilities	-	-	7	-	-	6	-	-	1	55.9	50.4 - 61.3	14
b. Teaching students of various cultural backgrounds	-	-	7	-	-	6	-	-	1	50.0	44.5 - 55.5	14
c. Teaching students with limited English proficiency	-	-	7	-	-	6	-	-	1	55.9	50.4 - 61.3	14
d. How to support lesbian, gay, bisexual, and transgender students	-	-	7	-	-	6	-	-	1	33.8	28.9 - 39.1	14
e. Using interactive teaching methods (e.g., role plays, cooperative group activities)	-	-	7	-	-	6	-	-	1	67.6	62.1 - 72.7	14
f. Encouraging family or community involvement	-	-	7	-	-	6	-	-	1	61.8	56.2 - 67.0	14
g. Teaching skills for behavior change	-	-	7	-	-	6	-	-	1	72.1	66.9 - 76.7	14
h. Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, behavior management)	-	-	7	-	-	6	-	-	1	94.1	91.4 - 96.0	14
i. Assessing or evaluating students in health education	-	-	7	-	-	6	-	-	1	55.9	50.4 - 61.3	14

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

24. Percentage of schools in which the lead health education teacher received professional development on each of the following topics related to teaching sexual health education during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Aligning lessons and materials with the district scope and sequence for sexual health education	-	-	7	-	-	6	-	-	1	45.6	40.2 - 51.0	14
b. Creating a comfortable and safe learning environment for students receiving sexual health education	-	-	7	-	-	6	-	-	1	51.5	46.0 - 56.9	14
c. Connecting students to on-site or community-based sexual health services	-	-	7	-	-	6	-	-	1	39.7	34.6 - 45.1	14
d. Using a variety of effective instructional strategies to deliver sexual health education	-	-	7	-	-	6	-	-	1	39.7	34.6 - 45.1	14
e. Building student skills in HIV, other STD, and pregnancy prevention	-	-	7	-	-	6	-	-	1	35.3	30.5 - 40.4	14
f. Assessing student knowledge and skills in sexual health education	-	-	7	-	-	6	-	-	1	29.4	25.0 - 34.3	14
g. Understanding current district or school board policies or curriculum guidance regarding sexual health education	-	-	7	-	-	6	-	-	1	50.0	44.5 - 55.5	14
h. Identifying appropriate modifications to the sexual health curriculum to meet the needs of all students	-	-	7	-	-	6	-	-	1	29.4	25.0 - 34.3	14
i. Engaging parents in sexual health education	-	-	7	-	-	6	-	-	1	17.6	14.2 - 21.7	14

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

25. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
a. Alcohol- or other drug-use prevention	-	-	7	-	-	6	-	-	1	39.7	34.6 - 45.1	14
b. Asthma	-	-	7	-	-	6	-	-	1	11.8	9.0 - 15.3	14
c. Chronic disease prevention (e.g., diabetes, obesity prevention)	-	-	7	-	-	6	-	-	1	29.4	25.0 - 34.3	14
d. Emotional and mental health	-	-	7	-	-	6	-	-	1	51.5	46.0 - 56.9	14
e. Epilepsy or seizure disorder	-	-	7	-	-	6	-	-	1	17.6	14.2 - 21.7	14
f. Food allergies	-	-	7	-	-	6	-	-	1	23.5	19.5 - 28.1	14
g. Foodborne illness prevention	-	-	7	-	-	6	-	-	1	17.6	14.2 - 21.7	14
h. HIV prevention	-	-	7	-	-	6	-	-	1	23.5	19.5 - 28.1	14
i. Human sexuality	-	-	7	-	-	6	-	-	1	33.8	28.9 - 39.1	14
j. Infectious disease prevention (e.g., flu prevention)	-	-	7	-	-	6	-	-	1	29.4	25.0 - 34.3	14
k. Injury prevention and safety	-	-	7	-	-	6	-	-	1	33.8	28.9 - 39.1	14

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

25. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
l. Nutrition and dietary behavior	-	-	7	-	-	6	-	-	1	39.7	34.6 - 45.1	14
m. Physical activity and fitness	-	-	7	-	-	6	-	-	1	61.8	56.2 - 67.0	14
n. Pregnancy prevention	-	-	7	-	-	6	-	-	1	17.6	14.2 - 21.7	14
o. STD prevention	-	-	7	-	-	6	-	-	1	29.4	25.0 - 34.3	14
p. Suicide prevention	-	-	7	-	-	6	-	-	1	29.4	25.0 - 34.3	14
q. Tobacco-use prevention	-	-	7	-	-	6	-	-	1	23.5	19.5 - 28.1	14
r. Violence prevention (e.g., bullying, fighting, dating violence prevention)	-	-	7	-	-	6	-	-	1	35.3	30.5 - 40.4	14

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

26. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a. Teaching students with physical, medical, or cognitive disabilities	-	-	7	-	-	6	-	-	1	23.5	19.5 - 28.1	14
b. Teaching students of various cultural backgrounds	-	-	7	-	-	6	-	-	1	55.9	50.4 - 61.3	14
c. Teaching students with limited English proficiency	-	-	7	-	-	6	-	-	1	45.6	40.2 - 51.0	14
d. Supporting lesbian, gay, bisexual, and transgender students	-	-	7	-	-	6	-	-	1	45.6	40.2 - 51.0	14
e. Using interactive teaching methods (e.g., role plays, cooperative group activities)	-	-	7	-	-	6	-	-	1	17.6	14.2 - 21.7	14
f. Encouraging family or community involvement	-	-	7	-	-	6	-	-	1	45.6	40.2 - 51.0	14
g. Teaching skills for behavior change	-	-	7	-	-	6	-	-	1	23.5	19.5 - 28.1	14
h. Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, behavior management)	-	-	7	-	-	6	-	-	1	35.3	30.5 - 40.4	14
i. Assessing or evaluating students in health education	-	-	7	-	-	6	-	-	1	17.6	14.2 - 21.7	14

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

27. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics related to teaching sexual health education.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
a. Aligning lessons and materials with the district scope and sequence for sexual health education	-	-	7	-	-	6	-	-	1	23.5	19.5 - 28.1	14
b. Creating a comfortable and safe learning environment for students receiving sexual health education	-	-	7	-	-	6	-	-	1	23.5	19.5 - 28.1	14
c. Connecting students to on-site or community-based sexual health services	-	-	7	-	-	6	-	-	1	45.6	40.2 - 51.0	14
d. Using a variety of effective instructional strategies to deliver sexual health education	-	-	7	-	-	6	-	-	1	23.5	19.5 - 28.1	14
e. Building student skills in HIV, other STD, and pregnancy prevention	-	-	7	-	-	6	-	-	1	39.7	34.6 - 45.1	14
f. Assessing student knowledge and skills in sexual health education	-	-	7	-	-	6	-	-	1	35.3	30.5 - 40.4	14
g. Understanding current district or school board policies or curriculum guidance regarding sexual health education	-	-	7	-	-	6	-	-	1	23.5	19.5 - 28.1	14
h. Identifying appropriate modifications to the sexual health curriculum to meet the needs of all students	-	-	7	-	-	6	-	-	1	23.5	19.5 - 28.1	14
i. Engaging parents in sexual health education	-	-	7	-	-	6	-	-	1	39.7	34.6 - 45.1	14

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

28. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a. Health and physical education combined	-	-	7	-	-	6	-	-	1	44.1	38.7 - 49.6	14
b. Health education	-	-	7	-	-	6	-	-	1	5.9	4.0 - 8.6	14
c. Physical education	-	-	7	-	-	6	-	-	1	22.1	17.8 - 27.0	14
d. Other education degree	-	-	7	-	-	6	-	-	1	0.0	†	14
e. Kinesiology, exercise science, or exercise physiology	-	-	7	-	-	6	-	-	1	5.9	4.0 - 8.6	14
f. Home economics or family and consumer science	-	-	7	-	-	6	-	-	1	16.2	12.4 - 20.9	14
g. Biology or other science	-	-	7	-	-	6	-	-	1	5.9	4.0 - 8.6	14
h. Nursing	-	-	7	-	-	6	-	-	1	0.0	†	14
i. Counseling	-	-	7	-	-	6	-	-	1	0.0	†	14
j. Public health	-	-	7	-	-	6	-	-	1	0.0	†	14
k. Nutrition	-	-	7	-	-	6	-	-	1	0.0	†	14
l. Other	-	-	7	-	-	6	-	-	1	0.0	†	14

- Results are suppressed due to insufficient number of respondents in subgroup.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

29. Percentage of schools in which the lead health education teacher is certified, licensed, or endorsed by the state to teach health education in middle school or high school.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
-	-	7	-	-	6	-	-	1	61.8	56.2 - 67.0	14

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

NEBRASKA - HEALTHY SCHOOLS LOCAL EDUCATION AGENCIES

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

30. Percentage of schools in which the lead health education teacher had the following number of years of experience teaching health education courses or topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
a. 1 year	-	-	7	-	-	6	-	-	1	5.9	4.0 - 8.6	14
b. 2 to 5 years	-	-	7	-	-	6	-	-	1	32.4	27.3 - 37.9	14
c. 6 to 9 years	-	-	7	-	-	6	-	-	1	17.6	14.2 - 21.7	14
d. 10 to 14 years	-	-	7	-	-	6	-	-	1	5.9	4.0 - 8.6	14
e. 15 years or more	-	-	7	-	-	6	-	-	1	38.2	33.0 - 43.8	14

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations