



Rationale

- Provide equal access to quality training for all school staff members statewide.
- Create statewide focus of training toward suicide prevention. As teachers move to different schools, districts can be assured teachers have previously received adequate training in suicide awareness/prevention.
- Afford teachers and staff opportunity to enhance assets for personal resume.
- Construct systems across public and non-public schools, also including education majors in higher education across our state.
- Collect statewide data to support and inform future decisions about youth suicide awareness/prevention training.
- Select statewide training emphasis based on Nebraska needs and data.
- Create common suicide prevention and language.



Selection of Programs

- Programs with an evidence-base are priority for inclusion. The requirement for inclusion is to be listed on the National Registry for Evidence based Programs and Practices (NREPP), and the National Suicide Prevention Resource Center (SPRC) Best Practice Registry.
- Data and plans will be evaluated and revised at the end of five years to include additional programs with an approved evidence and capacity for delivery to all Nebraska Schools.



Thank you to the following partners who helped to develop this system:



The organizations supporting this training:



For Questions, Please contact:



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Suicide Awareness/Prevention Training

For School Personnel

Nebraska § 79-2, 145 & 146

Five-Year Plan | 2020-2025

APPROVED



NATIONAL
SUICIDE PREVENTION LIFELINETM

1-800-273-TALK (8255)

suicidpreventionlifeline.org



NEBRASKA
DEPARTMENT OF EDUCATION

SUICIDE AWARENESS/PREVENTION

FOR SCHOOL PERSONNEL | APPROVED OPTIONS FOR 79-2,145 & 79-2,146



§ 79-2,145 & 79-2,146



Target Audience

- **Per 79-2, 145 & 79-2,146:** At least one hour of suicide awareness and prevention each year.
- **INTENT OF THE LAW:** To equip school personnel with information that could save the life of a student recognizing signs and symptoms of suicidal behaviors and methods of responding to students in crisis. School personnel are critical components of a suicide prevention plan.
- **TARGET AUDIENCE:** Any school staff member having contact with students (i.e., in addition to required audience, para-professionals, administrative secretarial staff, bus drivers, custodians, kitchen staff, etc.).
- **79-2, 145 & 79-2,146 REQUIRED AUDIENCE:** All public school nurses, teachers, counselors, school psychologists, social workers, administrators and any other appropriate personnel are legislatively mandated to participate.

Building a Suicide-Safe School Community

This **free** online interactive training is designed for faculty and staff at all levels within schools. It introduces concepts that will help you understand what to do if a student is contemplating suicide, and how to ensure your school can appropriately respond to a suicide using postvention measures. There are three online training modules. Complete two of the three modules for the one-hour suicide prevention training requirement. Questions about this training may be answered by either calling 402-472-5678 or by sending an email to ppccourses@unl.edu. Website: <http://ppck12training.unl.edu>.

The Jason Foundation

Participants may choose from the following one-hour approved **free** online training modules: [Supporting LGBT Students in Schools: Suicide Prevention Among LGBT Youth](#), [Suicide Postvention: The Critical Role of Educators](#), [Childhood and Teen Depression for Educators](#), or [Bullying and Suicide](#). Each module provides valuable information for youth suicide prevention. Certificate provided upon completion. Sign up at: <https://learn.jasonfoundation.com/courses/>.

Kognito

Interactive online one-hour role-play simulation training. Participants may choose from three simulations: At-Risk for Elementary, Middle, or High School Educators. Certificates are provided upon completion. District level pricing varies by head count; volume discounts apply. For further information, please contact Sabrina Jonkhoff at sabrina.jonkhoff@kognito.com or 951-375-2065. For more information on trainings, please go to <https://kognito.com/products>.

Making Educators Partners in Youth Suicide Prevention

One-hour **free** online interactive training program designed in a series of modules. Educators are taught their responsibilities for identifying and referring potentially suicidal youth. Certificate provided upon completion. Sign up at: <http://sptsuniversity.org/>.

Question, Persuade, Refer (QPR)

QPR is approved through in-person or online trainings. The training is a 1-2 hour education program designed to teach lay and professional "gatekeepers" the warning signs of a suicide crisis and how to respond. The in-person (online through Zoom during COVID) version is **free** and provided through your district's Region System. To sign up for the training through your region, please contact them at: <https://region5systems.net/who-we-are/nebraska-behavioral-health-regions-hhss/> The online version through the QPR Institute is at a cost of \$14.95 per person. Certificates of completion will be provided through either training option. Sign up at: <https://qpinstitute.com/organization-training>.