Nebraska Two-Year Opportunity Grants

End of Grant Summary







GRANTEE

Partnership for a Healthy Lincoln

OVERVIEW

The WeCook Club was a 12-week interactive learning program with an intentional focus on nutrition education, physical activity, and community and family engagement that provided an opportunity to educate youth and their families about making healthful food choices. Each week had a unique nutrition theme and physical component. The nutrition component was one hour of programming dedicated to preparing healthy snacks, while the other hour promoted physical activity and nutrition knowledge through fun, high energy games. Each month included a family engagement event in which families were invited to participate in a fully cooked meal with physical fitness engagement opportunities.

SITES

Elliott Elementary School Everett Elementary School Huntington Elementary School

PARTNERS

Family Service-Lincoln HyVee Lincoln Parks and Recreation Nebraska Extension YMCA

FOCUS AREAS

Career awareness, cooking, gardening, nutrition, physical fitness

AMOUNT AWARDED

\$29,322

PARTICIPANTS





140 (Grades 3-8)



REGULAR ATTENDERS

FREE & REDUCED LUNCH





ENGLISH LEARNERS



