

Nebraska Health Education Standards

*State Board of Education Update
August 2020*



Nebraska Revised Statute 79-760.01

- Requires the State Board of Education to:
 - Adopt measurable academic content standards for at least the grade levels required for statewide assessment.
 - Cover the subject areas of reading, writing, mathematics, science, and social studies.
 - Develop a plan to review and update standards for each subject area every seven years.



Moving beyond the minimums...



Content Area Standards

- The Nebraska Department of Education has developed content area standards beyond those required by law.
 - Fine Arts, Physical Education, World Languages, Health Education, Career and Technical Education.
- School districts are encouraged to adopt those state-approved content standards within one year of being approved by the State Board of Education.





Content Areas (Assessed by NSCAS-Summative)

Content Area	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025	2026	2027	2028
English Language Arts			🎬 November	🎯 Aug/Sept	🏠 1 September		🏠 NSA Spring			🔄 Spring	🎯 7 Fall							
Mathematics				🎬 November	🎯 Aug/Sept	🏠 1 September		🏠 NSA Spring			🔄 Spring	🎯 7 Fall						
Science						🎬 September	🎯 Aug/Sept	🏠 1 September			🏠 NSA Spring		🔄 Spring	🎯 7 Fall				

Content Areas (Not Assessed by NSCAS-Summative)

Fine Arts			🎬 June	🎯 Feb/Mar	🏠 1 March					🔄 Spring	🎯 7 Fall							
Health Education										🎬 Spring	🎯 Fall	🏠 1 September					🔄 Spring	🎯 7 Fall
Physical Education						🎬 Jan Aug/Sept	🎯 September	🏠 1 September				🔄 Spring	🎯 7 Fall					
Social Studies	🎬 September	🎯 December		🏠 September				🔄 Fall	🎯 December		🏠 1 September					🔄 Spring	🎯 7 December	
World Languages								🎬 September	🎯 September	🏠 1 September					🔄 Spring	🎯 7 Fall		

Career Education Content Areas *Effective 2020 CTE Standards revision moving to same cycle timeline.

Ag, Food & Natural Resources						🎬 December	🎯 Fall	🏠 1 August		🎬 December	🎯 Fall	🏠 1 August					🎯 5 Fall	
Arts, A/V Tech & Communication					🎬 December	🎯 Fall	🏠 1 August			🎬 December	🎯 Fall	🏠 1 August					🎯 5 Fall	
Business, Mktg & Management							🎬 December	🎯 Fall	🏠 1 August	🎬 December	🎯 Fall	🏠 1 August					🎯 5 Fall	
Education & Training					🎬 December	🎯 Fall	🏠 1 August			🎬 December	🎯 Fall	🏠 1 August					🎯 5 Fall	
Govt & Public Administration										🎬 December	🎯 Fall	🏠 1 August					🎯 5 Fall	
Health Science										🎬 December	🎯 Fall	🏠 1 August					🎯 5 Fall	
Human Sciences/FCS					🎬 December	🎯 Fall	🏠 1 August			🎬 December	🎯 Fall	🏠 1 August					🎯 5 Fall	
Information Technology					🎬 December	🎯 Fall	🏠 1 August			🎬 December	🎯 Fall	🏠 1 August					🎯 5 Fall	
Law & Public Safety										🎬 December	🎯 Fall	🏠 1 August					🎯 5 Fall	
Skilled & Technical Sciences						🎬 December	🎯 Fall	🏠 1 August		🎬 December	🎯 Fall	🏠 1 August					🎯 5 Fall	

Start Date for Revision
 Targeted Completion/Approval by State Board
 Implemented in Schools
 NSA NSCAS-Summative Assessment
 Next Revision Begins
 1 Year One
 5 Year Five
 7 Year Seven

Once standards are approved by the State Board of Education, school districts have one year to adopt the standards or standards deemed equal to or more rigorous than the state-approved standards.

Updated on 05/08/2018



Nebraska's Process

- Utilize Nebraska educators:
 - K-16 Expertise
 - Geographically diverse
 - Writing team
 - Editing team
- Designation from Nebraska's postsecondary institutions that the standards reflect postsecondary expectations.
- Review and utilize nationally recognized resources and best practices research (when appropriate).
- Engage employers to ensure standards reflect the skills needed for the workplace.
- Maintain on-going communication with State Board of Education and State Board subcommittee.
- Incorporate public input.





Nebraska's Health Education Standards

Nebraska Health Education Standards...

- Create the framework for students to learn basic health information, resources, and services needed to maintain and promote lifelong health.
- Support comprehensive health education programs designed to motivate students to maintain and improve their health; advocate for self and others; prevent disease; form healthy relationships; and avoid or reduce health-related risk behaviors.



Writing Team:

- MS & HS Health Education Teachers
- Health & PE (HPE) Professors
- Elementary HPE Teachers
- MS & HS HPE Teachers
- District HPE Curriculum Coordinators
- MS & HS Family & Consumer Science Teachers
- Retired School Nurse Consultant
- School Administrators
- ESU Board Member
- Private School K-8 HPE Teachers

Advisory Team:

- State School Nurse Consultants
- School Safety and Security Experts
- Medical Professionals
- Community Health Educators
- Nebraska Educators
- Local Health Departments
- Professors & Researchers
- School Psychologists
- Registered Dietitians & Nurses
- HIV/Sexual Health Education Specialists
- Out Nebraska
- Native Traditional Games Specialist
- Parents



Our Process...

- Review research and best practices in health education
- Review other state health education standards
- Examine statewide data and trends in health education
- Based on feedback from advisory, determine critical topics/ concepts
- Consider the role of equity in health education





Where are we now?



Strands

Foundations of Personal Health

Consumer & Environmental Health

Disease Prevention

Social, Mental & Emotional Health

Nutrition & Physical Activity Promotion

Injury Prevention & Safety

Substance Abuse Prevention

Human Growth & Development

An Example...

Kindergarten

Strand 4: Disease Prevention

Standard 2: Students will identify ways to protect from and reduce the risk of diseases and conditions.

Indicator A: Explain the importance of and demonstrate ways to prevent the spread of germs (for example: hand washing, coughing and sneezing etiquette)



Timeline and Process

Summer 2020	Writing Team Meeting
Summer 2020	Bias Training
Fall 2020	Advisory Council Review/Feedback
Fall 2020	Editing Team Meeting and Review
Fall 2020	External Review and Feedback
Spring 2021	Public Input
Spring 2021	Editing Team Meetings and Review
Summer 2021	Bias Review
Fall 2021	Anticipated State Board Approval





Thank you!