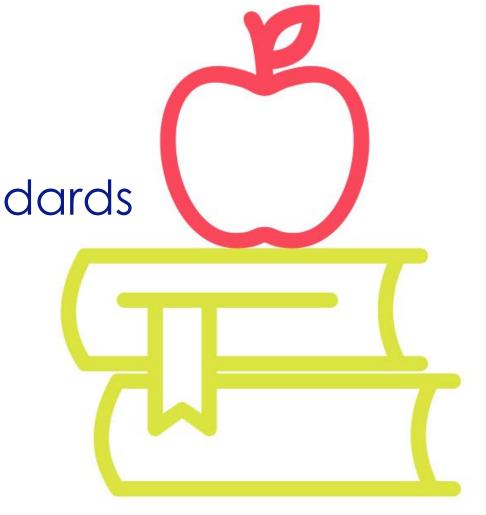
Nebraska Health Education Standards





Nebraska Revised Statute 79-760.01

- Requires the State Board of Education to:
 - Adopt measurable academic content standards for at least the grade levels required for statewide assessment.
 - Cover the subject areas of reading, writing, mathematics, science, and social studies.
 - Develop a plan to review and update standards for each subject area every seven years.

Moving beyond the minimums...

Content Area Standards

- The Nebraska Department of Education has developed content area standards beyond those required by law.
 - Fine Arts, Physical Education, World Languages, Health Education, Career and Technical Education.
- School districts are encouraged to adopt those stateapproved content standards within one year of being approved by the State Board of Education.



NEBRASKA STANDARDS REVISION TIMELINE FOR ALL CONTENT AREAS* Subject to change



	DEPARTMENT OF E	DUCATION	*Subje	ect to change	9														Y C-
ont	ent Areas (Asse	ssed by I	NSCAS-	Summat	ive)														
	nt Area	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025	2026	2027	2028
0.00	English Language Arts			November	o Aug/Sept	September		NSA Spring			Spring	© 7 Fall							
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Cont	ent Areas (Not A	Assessed	by NSC	_															
S	Fine Arts			June	© Feb/Mar	March					Spring	© 7							
	Health Education										Spring	© Fall	September					Spring	of 7
秀。	Physical Education						Jan Aug/Sept	September					Spring	of 7					
©	Social Studies	September	© December		September				© Fall	© December		September					Spring	© 7 December	
	World Languages								September	© September	September					Spring	© 7		
Care	er Education Co	ntent Ar	eas *Effec	ctive 2020 CT	E Standards r	evision moving	to same cyci	e timeline.											
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Nebraska's Process

- Utilize Nebraska educators:
 - K-16 Expertise
 - Geographically diverse
 - Writing team
 - Editing team
- Designation from Nebraska's postsecondary institutions that the standards reflection postsecondary expectations.
- Review and utilize nationally recognized resources and best practices research (when appropriate).
- Engage employers to ensure standards reflect the skills needed for the workplace.
- Maintain on-going communication with State Board of Education and State Board subcommittee.
- Incorporate public input.



Nebraska's Health Education Standards

Nebraska Health Education Standards...

- Create the framework for students to learn basic health information, resources, and services needed to maintain and promote lifelong health.
- Support comprehensive health education programs designed to motivate students to maintain and improve their health; advocate for self and others; prevent disease; form healthy relationships; and avoid or reduce healthrelated risk behaviors.

Writing Team:

- MS & HS Health Education Teachers
- Health & PE (HPE) Professors
- Elementary HPE Teachers
- MS & HS HPE Teachers
- District HPE Curriculum Coordinators
- MS & HS Family & Consumer Science Teachers
- Retired School Nurse Consultant
- School Administrators
- ESU Board Member
- Private School K-8 HPE Teachers

Advisory Team:

- State School Nurse Consultants
- School Safety and Security Experts
- Medical Professionals
- Community Health Educators
- Nebraska Educators
- Local Health Departments
- Professors & Researchers
- School Psychologists
- Registered Dieticians & Nurses
- HIV/Sexual Health Education Specialists
- Out Nebraska
- Native Traditional Games Specialist
- Parents

Our Process...

- -Review research and best practices in health education
- Review other state health education standards
- Examine statewide data and trends in health education
- -Based on feedback from advisory, determine critical topics/ concepts
- -Consider the role of equity in health education



Strands

Foundations of Personal Health Consumer & Environmental Health Disease Prevention Social, Mental & Emotional Health Nutrition & Physical Activity Promotion Injury Prevention & Safety Substance Abuse Prevention Human Growth & Development

An Example...

Kindergarten

Strand 4: Disease Prevention

Standard 2: Students will identify ways to protect from and reduce the risk of diseases and conditions.

Indicator A: Explain the importance of and demonstrate ways to prevent the spread of germs (for example: hand washing, coughing and sneezing etiquette)



Timeline and Process

Summer 2020 Writing Team Meeting

Summer 2020 Bias Training

Fall 2020 Advisory Council Review/Feedback

Fall 2020 Editing Team Meeting and Review

Fall 2020 External Review and Feedback

Spring 2021 Public Input

Spring 2021 Editing Team Meetings and Review

Summer 2021 Bias Review

Fall 2021 Anticipated State Board Approval



Thank you!