PARTNERING ORGANIZATIONS

NE Go NAP SACC is based on NAP SACC which was developed at the University of North Carolina at Chapel Hill.

CONTACT

ehulse@childresomaha.org

negonapsacc.unl.edu

Step Up to Quality

HOW DOES GO NAP SACC FIT INTO STEP UP TO QUALITY (SUTQ)?

Go NAP SACC is required in **Step 2** of SUTQ:

- ✓ View the Go NAP SACC orientation video*
- ✓ Complete Go NAP SACC pre self-assessment*

Earn up to 14 points in **Steps 3-5** of SUTQ by:

- 1 Point! Attending a Go NAP SACC training (6 hour minimum)
- 2 Points! Submitting a Go NAP SACC Action Plan*
- Up to 9 Points! Completing the post self-assessment* and receive points based on the number of best practices met
- 2 Points! Incorporating a nutrition and/or physical activity curriculum

*Available online at: negonapsacc.unl.edu

To learn more about SUTQ, visit:

www.education.ne.gov/StepUptoQuality

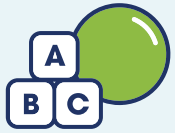
GIVE CHILDREN IN YOUR CHILD CARE A HEALTHY START!

WHAT IS Go NAP SACC?

From mealtime, to playtime, to story time, children have many opportunitites each day to learn and practice healthy habits.

Nutrition and Physical Activity Self-Assessment for Child Care, known also as Go NAP SACC, is a trusted process that helps child care centers and homes go the extra mile to support children's healthy eating and physical activity.

THE 5 MAIN HEALTH AREAS

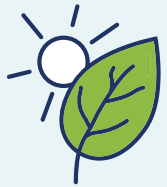


Infant & Child Physical Activity

Breastfeeding & Infant Feeding

Screen Time

Child Nutrition



Outdoor Play & Learning

BENEFITS

- FREE state approved in-service hours (6 hours)
- FREE nutrition and physical activity resources
- FREE one-on-one mentoring and support from a trainer
- Incentives upon completion
- Earn Points for Step Up to Quality

" THESE GOALS WERE ALL THE THINGS I WANTED TO EVENTUALLY DO, AND GO NAP SACC FINALLY HELPED ME GET THEM DONE! "

- CHILD CARE CENTER DIRECTOR, HASTINGS