

Digital Resources for Family & Consumer Science

Most of these Instructional Materials can be used as part of an instructional program for a district or school. Other Family and Consumer Science OER resources for individual lesson planning can also be found on our [Nebraska OER Commons hub](#) and can also be used to fill in gaps in curricular content.



Resource (Each with Clickable link)	Grade Level	Topic/Description	Teacher Resource	Student Resource
FCS Experience Hub	7 - 12	Variety/Template that provides FACS knowledge and skills-based learning experiences that will deepen your skills sets within FCS	YES	NO
Mrs Ehlers online learning	7 - 12	Variety/Bingo boards for several FCS courses	YES	NO
Midwest Dairy Council	5 - 12	Foods/Variety of activities around nutrition, posters and handouts too	YES	NO
Just FACS	5 - 12	Variety/Large variety of activities for classes, digital tools for teachers and students	YES	NO
Celebrity Cooking Videos	5 - 12	Culinary/Videos from chef Massimo Bottura	YES	YES
ProStart Videos	9 - 12	Culinary/Series of videos tied to ProStart	YES	YES
Culinary Arts Virtual Learning Activities	5 - 12	Culinary/Variety of Activities	YES	NO
Food for Life Curriculum	7 - 12	Culinary/Lessons, PowerPoints and other	YES	NO
Food Science Curriculum	7 - 12	Culinary/Lessons, PowerPoints and other	YES	NO
Teach Food Science	7 - 12	Culinary/Variety of Activities	YES	NO
Choose My Plate	5 - 12	Culinary/Variety of Activities, quizzes and handouts	YES	NO

Early Childhood Facebook Group	5 - 12	Early Childhood/Resources, lessons and PD/must request to join	YES	NO
Education Facebook Group	5 - 12	Education/Resources, lessons and PD/must request to join	YES	NO
Better Brains for Babies	7 - 12	Early Childhood/Variety of resources	YES	NO
Understood	9 - 12	Education/ Variety of resources	YES	NO
Child Mind Institute	9 - 12	Education/Resources for understanding students with special needs	YES	NO
Harvard's Center on the Developing Child	9 - 12	Early Childhood/Variety of resources	YES	NO
Bernard vanLeer Foundation	9 - 12	Early Childhood/ <i>Beginning of Life Documentary</i> Video Clips	YES	NO
Zero to Three	9 - 12	Early Childhood/Variety of resources	YES	NO
Teaching Tolerance	7 - 12	Education/Resources for teaching diversity	YES	NO
Virtual Lab School	9 - 12	Early Childhood/Research-based practices in child and youth care and development/Do not need an account to see resources	YES	NO
George Washington Textile Museum	7 - 12	Interior Design, Textiles & Fashion/Textile Digital Collection	YES	NO
International Quilt Museum	7 - 12	Interior Design, Textiles & Fashion/Virtual Tours and more resources around quilting	YES	NO
Behavioral Health Resources	9 - 12	Counseling, Mental Health& Families in Crisis Resources/PDF designed for schools to use	YES	NO
Fashion Institute of Design & Merchandising	7 - 12	Textiles & Fashion/Lesson Plans for Teachers	YES	NO
Love is Respect	6 - 8	Mental Health & Relationships/Toolkit for Middle School teachers	YES	NO

UNL Food	K - 12	Presentations, Handouts and Videos in resources, also recipes & activities for home use	YES	NO
Kuder Navigator	7 - 12	Part of the Nebraska Career Connections resources, Complete the linked "Site Information Form" if you have not used this resource before	YES	NO
Harwood podcast network	7 -12	Variety of podcasts on cooking, quilting, baking and more/ YouTube Videos for same	YES	YES