Dear student,

Social distancing is a major inconvenience but absolutely necessary to slow the spread of COVID-19. Please do your part to slow the spread of this virus right now. This protects us and our loved ones.

Your school is taking place in an alternate learning environment to keep students from spreading germs to one another and to the community. We need you to stay away from each other.

What does social distancing mean?

* Stay away from crowded places with 10 or more people including movie theatres, malls, dine-in restaurants, coffee shops, and limit social interactions. Order to-go or take-out.
* Do not arrange parties or large gatherings at your house or elsewhere.
* Stay connected through social media.
* Contact your friends and family through phone calls, Facetime, Skype, Zoom, or other video calling apps.
* Check on neighbors and elderly relatives to ensure they are well.
* Go to the park and enjoy outdoor recreation (walking, biking, etc.) while maintaining a six-foot distance.
* And when these things are not possible, work together to stay at least six feet away from each other.

Stopping a pandemic in its tracks calls for isolation. We can do it. And while we are working to stay physically apart from one another, think about what you can do to maintain connections with your friends and neighbors. Call a friend to check in. Deliver a note to a neighbor’s porch. Stay connected, from a distance of at least six feet.

Thank you and take care.