

**NEBRASKA**  
**2018 School Health Profiles Report**  
**Weighted Lead Health Education Teacher Survey Results**

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1. Percentage of schools in which students take the following number of required health education courses in grades 6 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. 0 courses	13.0	7.4 - 21.9	47	15.2	9.4 - 23.6	57	2.3	0.9 - 5.6	87	8.9	6.4 - 12.4	191
b. 1 course	61.3	51.8 - 70.0	47	26.6	20.9 - 33.3	57	48.6	42.1 - 55.1	87	44.4	40.3 - 48.5	191
c. 2 courses	15.1	9.2 - 24.0	47	21.2	14.3 - 30.2	57	13.5	9.8 - 18.4	87	16.4	13.1 - 20.3	191
d. 3 courses	6.2	2.8 - 13.0	47	26.7	20.7 - 33.6	57	24.3	19.2 - 30.3	87	20.9	17.7 - 24.6	191
e. 4 or more courses	4.4	1.7 - 10.7	47	10.3	5.9 - 17.6	57	11.3	7.3 - 17.1	87	9.4	6.8 - 12.8	191

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2. Percentage of schools that taught a required health education course in each of the following grades.\*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a. Sixth grade	§	§	§	45.3	36.3 - 54.6	45	-	-	0	45.3	36.3 - 54.6	45
b. Seventh grade	§	§	§	55.9	46.8 - 64.6	50	57.4	49.0 - 65.3	61	56.7	50.5 - 62.6	111
c. Eighth grade	§	§	§	63.3	53.8 - 71.8	50	49.8	40.7 - 58.9	60	56.3	49.7 - 62.7	110
d. Ninth grade	53.7	44.4 - 62.8	43	-	-	0	73.8	67.0 - 79.7	73	66.7	61.2 - 71.7	116
e. Tenth grade	34.5	26.0 - 44.0	40	§	§	§	33.5	26.0 - 41.9	69	33.8	28.0 - 40.2	109
f. Eleventh grade	15.1	9.5 - 23.0	39	§	§	§	12.0	7.6 - 18.5	67	13.1	9.4 - 17.9	106
g. Twelfth grade	15.1	9.5 - 23.0	39	§	§	§	16.4	11.1 - 23.5	67	15.9	11.8 - 21.1	106

\*Among schools with students in that grade.

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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3. Percentage of schools that require students who fail a required health education course to repeat it.\*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
72.8	61.7 - 81.6	40	46.4	36.6 - 56.5	45	84.5	79.1 - 88.8	77	70.4	65.9 - 74.6	162

\*Among schools in which students take one or more required health education courses in any of grades 6 through 12.  
N = Unweighted number of observations

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4. Percentage of schools in which those who teach health education are provided with each of the following materials.\*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. Goals, objectives, and expected outcomes for health education	79.9	71.3 - 86.4	50	93.8	86.9 - 97.2	55	70.9	64.1 - 76.9	92	80.0	76.0 - 83.5	197
b. A chart describing the annual scope and sequence of instruction for health education	74.1	64.7 - 81.8	50	68.9	59.4 - 77.0	55	52.8	46.5 - 59.0	93	62.7	58.1 - 67.0	198
c. Plans for how to assess student performance in health education	74.1	64.4 - 81.9	50	74.1	65.5 - 81.2	54	61.3	53.9 - 68.2	92	68.2	63.4 - 72.6	196
d. A written health education curriculum	74.0	64.3 - 81.9	50	79.3	70.1 - 86.2	54	68.0	60.7 - 74.5	93	72.8	68.0 - 77.1	197

\*Among schools that teach health education.  
N = Unweighted number of observations

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5. Percentage of schools in which the health education curriculum addresses each of the following skills.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Comprehending concepts related to health promotion and disease prevention to enhance health	94.4	88.3 - 97.5	52	86.7	79.2 - 91.8	61	95.0	91.0 - 97.3	97	92.2	89.2 - 94.5	210
b. Analyzing the influence of family, peers, culture, media, technology, and other factors on health behaviors	92.4	85.6 - 96.2	52	86.7	79.2 - 91.8	61	95.0	91.0 - 97.3	97	91.8	88.7 - 94.1	210
c. Accessing valid information and products and services to enhance health	88.3	80.3 - 93.3	51	82.1	73.9 - 88.1	61	87.6	82.1 - 91.7	97	86.0	82.2 - 89.1	209
d. Using interpersonal communication skills to enhance health and avoid or reduce health risks	94.3	88.0 - 97.4	52	83.2	74.9 - 89.1	61	88.6	83.1 - 92.4	96	88.2	84.6 - 91.0	209
e. Using decision-making skills to enhance health	94.3	88.0 - 97.4	52	84.7	76.7 - 90.3	61	92.9	88.4 - 95.7	97	90.6	87.3 - 93.1	210
f. Using goal-setting skills to enhance health	94.3	88.0 - 97.4	52	81.6	73.2 - 87.8	61	89.8	84.7 - 93.4	97	88.3	84.7 - 91.1	210
g. Practicing health-enhancing behaviors to avoid or reduce risks	94.3	88.0 - 97.4	52	86.7	79.2 - 91.8	61	95.0	91.0 - 97.3	97	92.2	89.2 - 94.4	210
h. Advocating for personal, family, and community health	92.4	85.6 - 96.2	52	86.7	79.2 - 91.8	61	89.9	84.8 - 93.5	97	89.5	86.1 - 92.1	210

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6. Percentage of schools in which those who teach sexual health education are provided with each of the following materials.\*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. Goals, objectives, and expected outcomes for sexual health education	75.2	64.9 - 83.3	40	69.8	61.0 - 77.3	54	62.0	53.8 - 69.5	78	67.5	62.3 - 72.2	172
b. A written health education curriculum that includes objectives and content addressing sexual health education	77.7	67.9 - 85.1	40	72.7	63.8 - 80.0	54	64.6	57.2 - 71.5	78	70.2	65.3 - 74.6	172
c. A chart describing the annual scope and sequence of instruction for sexual health education	72.8	63.3 - 80.6	40	58.7	48.8 - 68.0	54	47.7	40.8 - 54.7	78	56.8	51.9 - 61.7	172
d. Strategies that are age-appropriate, relevant, and actively engage students in learning	85.1	77.3 - 90.6	40	80.2	72.0 - 86.5	54	69.7	62.3 - 76.1	78	76.6	72.1 - 80.5	172
e. Methods to assess student knowledge and skills related to sexual health education	82.7	74.0 - 88.9	40	72.1	64.4 - 78.7	54	63.3	54.9 - 71.0	78	70.5	65.6 - 74.9	172

\*Among schools that teach sexual health education.  
N = Unweighted number of observations

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### 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

7. Percentage of schools that provide curricula or supplementary materials that include HIV, STD, or pregnancy prevention information that is relevant to lesbian, gay, bisexual, transgender, and questioning youth.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
32.4	24.7 - 41.2	46	52.0	44.7 - 59.2	61	43.9	36.7 - 51.4	94	44.1	39.7 - 48.7	201

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### 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

8. Percentage of schools in which health education instruction is required for students in any of grades 6 through 12.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
91.7	84.3 - 95.8	49	88.4	81.0 - 93.1	64	96.9	93.5 - 98.6	96	93.0	90.0 - 95.1	209

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## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

9. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Alcohol- or other drug-use prevention	94.1	87.5 - 97.3	50	91.8	85.3 - 95.5	64	96.9	93.4 - 98.6	96	94.6	91.9 - 96.4	210
b. Asthma	47.2	38.3 - 56.2	50	40.0	32.4 - 48.1	62	62.3	55.0 - 69.1	95	51.7	47.1 - 56.2	207
c. Chronic disease prevention (e.g., diabetes, obesity prevention)	82.2	72.9 - 88.8	50	81.0	74.0 - 86.5	64	92.8	88.3 - 95.7	96	86.6	83.1 - 89.4	210
d. Emotional and mental health	92.0	84.8 - 96.0	50	84.8	76.7 - 90.5	63	94.8	90.7 - 97.2	96	90.9	87.6 - 93.4	209
e. Epilepsy or seizure disorder	33.1	24.8 - 42.6	50	26.5	20.4 - 33.8	62	49.5	41.7 - 57.4	95	38.4	33.9 - 43.1	207
f. Food allergies	60.8	52.1 - 68.9	50	51.7	43.8 - 59.6	63	77.1	70.6 - 82.5	95	65.1	60.8 - 69.2	208
g. Foodborne illness prevention	58.7	50.5 - 66.5	50	54.7	46.4 - 62.8	63	76.2	69.6 - 81.7	96	65.3	60.9 - 69.4	209
h. Human immunodeficiency virus (HIV) prevention	85.0	76.0 - 91.0	47	82.6	75.7 - 87.9	61	86.0	80.0 - 90.4	92	84.7	80.9 - 87.8	200
i. Human sexuality	70.8	60.1 - 79.6	48	75.6	67.2 - 82.4	60	76.1	69.3 - 81.8	92	74.7	70.2 - 78.8	200

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9. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
j. Infectious disease prevention (e.g., influenza [flu] prevention)	71.6	63.2 - 78.8	48	74.9	66.7 - 81.6	63	89.6	85.0 - 92.9	95	80.9	77.1 - 84.1	206
k. Injury prevention and safety	86.3	77.9 - 91.9	50	74.4	64.9 - 82.0	63	90.7	86.3 - 93.8	95	84.4	80.4 - 87.7	208
l. Nutrition and dietary behavior	95.7	89.3 - 98.4	45	93.4	87.3 - 96.6	57	99.0	96.1 - 99.7	94	96.5	94.2 - 97.9	196
m. Physical activity and fitness	97.9	92.1 - 99.4	45	93.9	88.2 - 96.9	61	99.0	96.2 - 99.7	95	97.1	95.0 - 98.3	201
n. Pregnancy prevention	72.2	64.2 - 79.1	47	80.8	73.3 - 86.6	60	80.5	73.8 - 85.8	92	78.8	74.7 - 82.3	199
o. Sexually transmitted disease (STD) prevention	89.3	81.0 - 94.2	47	82.6	75.6 - 88.0	61	87.1	81.4 - 91.3	92	86.1	82.4 - 89.1	200
p. Suicide prevention	79.8	69.8 - 87.0	49	80.0	71.1 - 86.7	62	87.5	82.4 - 91.3	96	83.4	79.3 - 86.8	207
q. Tobacco-use prevention	92.0	84.7 - 95.9	49	91.7	85.1 - 95.5	60	96.8	93.2 - 98.5	94	94.1	91.3 - 96.0	203
r. Violence prevention (e.g., bullying, fighting, dating violence prevention)	84.3	75.4 - 90.4	51	86.3	78.3 - 91.6	63	95.8	92.0 - 97.9	96	90.1	86.7 - 92.7	210

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## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

10. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
			N			N			N			N
a. Identifying tobacco products and the harmful substances they contain	90.0	82.2 - 94.6	49	86.7	80.6 - 91.0	63	90.5	85.4 - 94.0	95	89.1	85.9 - 91.7	207
b. Identifying short- and long-term health consequences of tobacco use	90.0	82.2 - 94.6	49	85.2	78.7 - 89.9	63	93.7	89.3 - 96.4	95	90.1	87.0 - 92.5	207
c. Identifying social, economic, and cosmetic consequences of tobacco use	78.4	69.4 - 85.3	50	79.7	72.6 - 85.4	63	91.7	87.6 - 94.5	94	84.8	81.4 - 87.6	207
d. Understanding the addictive nature of nicotine	90.0	82.2 - 94.6	49	82.1	75.7 - 87.1	64	92.6	87.9 - 95.6	94	88.5	85.3 - 91.1	207
e. Effects of nicotine on the adolescent brain	80.1	72.7 - 85.9	49	75.3	67.3 - 81.8	64	79.9	73.9 - 84.8	94	78.4	74.4 - 81.9	207
f. Effects of tobacco use on athletic performance	68.2	61.2 - 74.6	49	76.8	70.2 - 82.2	64	84.2	78.6 - 88.6	94	78.2	74.7 - 81.4	207
g. Effects of second-hand smoke and benefits of a smoke-free environment	80.3	72.9 - 86.0	50	80.6	74.0 - 85.8	62	90.6	85.5 - 94.0	94	85.0	81.7 - 87.8	206
h. Understanding the social influences on tobacco use, including media, family, peers, and culture	80.3	71.7 - 86.7	50	82.8	75.6 - 88.3	63	85.3	79.3 - 89.8	94	83.4	79.5 - 86.6	207
i. Identifying reasons why students do and do not use tobacco	78.4	70.5 - 84.6	50	78.7	70.7 - 84.9	64	89.5	84.2 - 93.2	94	83.4	79.7 - 86.6	208
j. Making accurate assessments of how many peers use tobacco	68.4	59.4 - 76.3	50	67.0	58.9 - 74.2	63	67.7	60.5 - 74.2	95	67.6	63.1 - 71.9	208

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10. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
k. Using interpersonal communication skills to avoid tobacco use (e.g., refusal skills, assertiveness)	81.8	72.3 - 88.6	49	74.3	66.9 - 80.5	64	80.2	73.9 - 85.3	95	78.6	74.5 - 82.2	208
l. Using goal-setting and decision-making skills related to not using tobacco	83.8	75.9 - 89.5	49	71.9	64.3 - 78.4	64	76.0	68.8 - 82.0	95	76.3	72.0 - 80.2	208
m. Finding valid information and services related to tobacco-use prevention and cessation	68.0	58.0 - 76.6	49	65.8	60.0 - 71.3	63	74.0	66.9 - 80.1	95	70.0	65.8 - 73.9	207
n. Supporting others who abstain from or want to quit using tobacco	64.8	56.9 - 72.0	50	74.3	66.4 - 80.8	64	80.1	73.4 - 85.5	95	74.8	70.6 - 78.6	209
o. Identifying harmful effects of tobacco use on fetal development	80.1	71.5 - 86.6	49	75.8	68.7 - 81.7	64	78.2	71.7 - 83.6	95	77.8	73.8 - 81.4	208
p. Relationship between using tobacco and alcohol or other drugs	78.4	69.4 - 85.3	50	83.6	76.7 - 88.7	64	87.5	81.8 - 91.6	95	84.2	80.4 - 87.3	209
q. How addiction to tobacco use can be treated	76.0	66.4 - 83.5	49	74.3	66.4 - 80.8	64	80.2	73.8 - 85.3	95	77.3	73.1 - 81.0	208
r. Understanding school policies and community laws related to the sale and use of tobacco products	76.4	69.2 - 82.4	50	74.9	67.0 - 81.5	63	72.8	65.5 - 79.0	95	74.3	69.9 - 78.2	208
s. Benefits of tobacco cessation programs	60.3	50.3 - 69.6	50	58.7	50.7 - 66.4	64	54.3	47.0 - 61.3	95	57.1	52.4 - 61.7	209

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10N. Percentage of schools that taught all 19 tobacco-use prevention topics during the current school year.\*

<b>High Schools</b>			<b>Middle Schools</b>			<b>Junior/Senior High Schools</b>			<b>All Schools</b>		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
50.7	41.3 - 60.0	50	49.2	41.4 - 57.0	63	45.7	38.3 - 53.2	95	47.9	43.2 - 52.7	208

\*Responses to question 10 a through s all are "yes."  
 N = Unweighted number of observations

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## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		§	§		§	§		§	§		§	§
a. How HIV and other STDs are transmitted	§	§	§	69.3	60.3 - 77.0	53	38.6	31.6 - 46.1	62	53.6	47.9 - 59.2	115
b. Health consequences of HIV, other STDs, and pregnancy	§	§	§	73.3	63.8 - 81.0	52	40.9	33.4 - 48.9	61	56.6	50.6 - 62.5	113
c. The benefits of being sexually abstinent	§	§	§	73.4	63.8 - 81.2	53	47.6	39.7 - 55.6	61	60.3	54.2 - 66.1	114
d. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy	§	§	§	67.6	59.3 - 74.9	54	38.7	31.1 - 47.0	62	52.9	47.2 - 58.5	116
e. The influences of family, peers, media, technology and other factors on sexual risk behaviors	§	§	§	72.1	62.4 - 80.1	54	41.1	33.1 - 49.5	61	56.5	50.3 - 62.5	115
f. Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	§	§	§	66.9	56.9 - 75.6	54	37.1	29.4 - 45.5	62	51.7	45.5 - 57.9	116

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		§	§		§	§		§	§		§	§
g. Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	§	§	§	68.6	58.6 - 77.1	54	31.4	24.2 - 39.5	61	49.9	43.8 - 55.9	115
h. Influencing and supporting others to avoid or reduce sexual risk behaviors	§	§	§	72.1	63.6 - 79.2	54	42.5	34.3 - 51.1	61	57.2	51.2 - 63.0	115
i. Efficacy of condoms, that is, how well condoms work and do not work	§	§	§	55.4	46.9 - 63.6	54	25.9	19.1 - 34.0	62	40.4	34.9 - 46.2	116
j. The importance of using condoms consistently and correctly	§	§	§	44.5	36.9 - 52.5	54	21.5	15.5 - 28.9	61	32.9	28.0 - 38.3	115
k. How to obtain condoms	§	§	§	33.1	24.9 - 42.5	54	16.6	11.0 - 24.1	61	24.8	19.7 - 30.6	115
l. How to correctly use a condom	§	§	§	29.1	20.8 - 39.0	54	16.6	11.2 - 24.1	61	22.8	17.7 - 28.8	115

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
m. Methods of contraception other than condoms	§	§	§	49.7	41.0 - 58.5	54	23.2	16.9 - 30.9	61	36.3	30.9 - 42.2	115
n. The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy	§	§	§	50.8	41.6 - 59.9	54	21.5	15.1 - 29.8	61	36.1	30.4 - 42.2	115
o. How to create and sustain healthy and respectful relationships	§	§	§	74.3	65.3 - 81.7	54	49.3	41.1 - 57.5	61	61.7	55.7 - 67.4	115
p. The importance of limiting the number of sexual partners	§	§	§	69.2	59.6 - 77.3	54	35.6	28.2 - 43.7	62	52.1	46.2 - 58.0	116
q. Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health	§	§	§	64.6	55.7 - 72.6	54	31.2	24.4 - 38.9	61	47.8	42.1 - 53.5	115
r. Sexual orientation	§	§	§	42.9	34.2 - 52.1	54	19.9	14.3 - 27.2	61	31.3	26.1 - 37.1	115
s. Gender roles, gender identity, or gender expression	§	§	§	44.6	35.6 - 53.9	54	21.5	16.1 - 28.2	61	33.0	27.7 - 38.7	115
t. The relationship between alcohol and other drug use and sexual risk behaviors	§	§	§	70.9	61.5 - 78.8	54	42.0	34.3 - 50.1	62	56.2	50.3 - 62.0	116

§ Grade is not applicable for type of school.  
N = Unweighted number of observations

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## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. How HIV and other STDs are transmitted	82.1	72.5 - 88.9	45	§	§	§	82.2	75.2 - 87.6	79	82.2	76.7 - 86.6	124
b. Health consequences of HIV, other STDs, and pregnancy	82.1	72.5 - 88.9	45	§	§	§	83.5	76.6 - 88.7	79	83.0	77.6 - 87.4	124
c. The benefits of being sexually abstinent	79.7	69.6 - 87.1	45	§	§	§	82.1	74.9 - 87.5	78	81.2	75.6 - 85.8	123
d. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy	75.1	64.5 - 83.4	45	§	§	§	69.6	62.2 - 76.1	79	71.5	65.6 - 76.8	124
e. The influences of family, peers, media, technology and other factors on sexual risk behaviors	77.3	67.0 - 85.1	45	§	§	§	76.2	69.0 - 82.1	79	76.6	70.9 - 81.5	124
f. Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	75.1	64.5 - 83.4	45	§	§	§	71.7	64.6 - 77.8	77	72.9	67.1 - 78.0	122

§ Grade is not applicable for type of school.

N = Unweighted number of observations

# NEBRASKA

## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
			N			N			N			N
g. Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	75.4	64.6 - 83.8	45	§	§	§	74.1	66.2 - 80.8	77	74.6	68.3 - 80.0	122
h. Influencing and supporting others to avoid or reduce sexual risk behaviors	72.3	61.2 - 81.2	44	§	§	§	74.2	67.3 - 80.0	77	73.5	67.7 - 78.6	121
i. Efficacy of condoms, that is, how well condoms work and do not work	66.8	57.1 - 75.3	46	§	§	§	58.6	51.1 - 65.7	80	61.5	55.6 - 67.0	126
j. The importance of using condoms consistently and correctly	56.0	47.2 - 64.5	46	§	§	§	46.7	39.3 - 54.1	81	49.9	44.3 - 55.6	127
k. How to obtain condoms	41.4	34.1 - 49.1	46	§	§	§	34.6	27.9 - 41.9	81	36.9	31.8 - 42.4	127
l. How to correctly use a condom	37.2	29.2 - 46.0	46	§	§	§	31.2	24.7 - 38.5	80	33.3	28.1 - 38.9	126

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
m. Methods of contraception other than condoms	64.9	55.5 - 73.2	46	§	§	§	51.6	44.6 - 58.6	81	56.2	50.6 - 61.7	127
n. The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy	58.4	49.5 - 66.8	46	§	§	§	49.1	42.3 - 56.0	81	52.4	47.0 - 57.7	127
o. How to create and sustain healthy and respectful relationships	84.5	75.0 - 90.7	45	§	§	§	78.5	71.3 - 84.3	78	80.6	75.1 - 85.1	123
p. The importance of limiting the number of sexual partners	80.2	70.0 - 87.5	46	§	§	§	67.9	60.3 - 74.6	81	72.2	66.3 - 77.4	127
q. Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health	67.1	56.2 - 76.4	46	§	§	§	62.3	54.6 - 69.4	80	64.0	57.8 - 69.8	126
r. Sexual orientation	39.9	31.1 - 49.4	45	§	§	§	45.8	39.3 - 52.4	81	43.8	38.5 - 49.2	126
s. Gender roles, gender identity, or gender expression	39.9	30.8 - 49.8	45	§	§	§	44.5	37.6 - 51.5	81	42.9	37.4 - 48.6	126
t. The relationship between alcohol and other drug use and sexual risk behaviors	77.6	68.1 - 84.8	45	§	§	§	81.0	74.0 - 86.4	78	79.8	74.4 - 84.3	123

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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11N\_1. Percentage of schools that taught all 20 HIV, STD, and pregnancy prevention topics in any of grades 6, 7, or 8 during the current school year.\*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
§	§	§	14.3	8.8 - 22.3	54	11.6	7.1 - 18.4	61	12.9	9.2 - 17.9	115

\*Responses to question 11 a through t all are "yes."

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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11N\_2. Percentage of schools that taught all 20 HIV, STD, and pregnancy prevention topics in any of grades 9, 10, 11, or 12 during the current school year.\*

<b>High Schools</b>			<b>Middle Schools</b>			<b>Junior/Senior High Schools</b>			<b>All Schools</b>		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
24.4	18.7 - 31.2	45	§	§	§	24.9	19.2 - 31.8	80	24.8	20.4 - 29.7	125

\*Responses to question 11 a through t all are "yes."

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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12. Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Comprehend concepts important to prevent HIV, other STDs, and pregnancy	§	§	§	67.0	58.5 - 74.5	55	36.6	29.4 - 44.4	63	51.5	46.0 - 57.0	118
b. Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors	§	§	§	67.0	59.2 - 73.9	55	34.9	28.0 - 42.5	63	50.7	45.5 - 55.8	118
c. Access valid information, products, and services to prevent HIV, other STDs, and pregnancy	§	§	§	58.5	49.6 - 66.8	55	28.5	22.1 - 35.8	63	43.2	37.9 - 48.8	118
d. Use interpersonal communication skills to avoid or reduce sexual risk behaviors	§	§	§	61.2	53.7 - 68.3	54	36.6	29.4 - 44.4	63	48.6	43.4 - 53.8	117
e. Use decision-making skills to prevent HIV, other STDs, and pregnancy	§	§	§	63.6	55.5 - 70.9	55	39.8	32.6 - 47.5	63	51.5	46.1 - 56.9	118
f. Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them	§	§	§	62.9	53.9 - 71.1	55	44.8	36.1 - 53.9	63	53.7	47.5 - 59.9	118
g. Influence and support others to avoid or reduce sexual risk behaviors	§	§	§	63.6	55.5 - 70.9	55	36.6	29.1 - 44.8	63	49.9	44.4 - 55.3	118

§ Grade is not applicable for type of school.  
N = Unweighted number of observations

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## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

12. Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Comprehend concepts important to prevent HIV, other STDs, and pregnancy	81.5	71.0 - 88.8	44	§	§	§	73.8	66.4 - 80.0	80	76.4	70.6 - 81.4	124
b. Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors	81.5	71.0 - 88.8	44	§	§	§	68.9	61.3 - 75.6	80	73.2	67.2 - 78.4	124
c. Access valid information, products, and services to prevent HIV, other STDs, and pregnancy	61.6	50.7 - 71.3	44	§	§	§	61.3	54.0 - 68.1	80	61.4	55.4 - 67.0	124
d. Use interpersonal communication skills to avoid or reduce sexual risk behaviors	76.8	65.8 - 85.1	44	§	§	§	69.1	61.5 - 75.7	80	71.7	65.6 - 77.1	124
e. Use decision-making skills to prevent HIV, other STDs, and pregnancy	81.5	71.0 - 88.8	44	§	§	§	72.7	65.7 - 78.8	80	75.7	70.0 - 80.6	124
f. Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them	74.6	63.3 - 83.4	44	§	§	§	65.1	56.9 - 72.4	80	68.3	61.9 - 74.2	124
g. Influence and support others to avoid or reduce sexual risk behaviors	76.3	65.0 - 84.8	43	§	§	§	68.9	61.6 - 75.3	80	71.3	65.4 - 76.6	123

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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13. Percentage of schools in which teachers provided students with the opportunity to practice communication, decision-making, goal-setting, or refusal skills related to sexual health during the current school year.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence			95% Confidence			95% Confidence			95% Confidence		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
42.4	32.9 - 52.5	42	55.2	46.7 - 63.4	63	42.4	35.7 - 49.4	90	46.8	42.2 - 51.6	195

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## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

14. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Benefits of healthy eating	91.8	84.4 - 95.9	47	88.0	82.4 - 92.0	60	99.0	96.2 - 99.7	95	93.9	91.5 - 95.6	202
b. Benefits of drinking plenty of water	87.7	81.0 - 92.2	47	86.6	79.1 - 91.7	59	99.0	96.2 - 99.7	95	92.6	89.8 - 94.7	201
c. Benefits of eating breakfast every day	89.7	81.8 - 94.4	47	83.6	76.6 - 88.9	60	98.0	95.0 - 99.2	95	91.6	88.7 - 93.8	202
d. Food guidance using the current Dietary Guidelines for Americans (e.g., MyPlate)	87.7	79.2 - 93.0	47	83.2	76.2 - 88.5	63	93.7	89.2 - 96.3	95	88.9	85.6 - 91.5	205
e. Using food labels	85.5	76.5 - 91.4	47	81.7	74.5 - 87.2	63	95.8	92.0 - 97.9	96	89.0	85.7 - 91.6	206
f. Differentiating between nutritious and non-nutritious beverages	87.7	81.0 - 92.2	47	84.6	77.9 - 89.6	61	97.9	94.7 - 99.2	95	91.4	88.7 - 93.5	203
g. Balancing food intake and physical activity	89.7	81.8 - 94.4	47	92.0	85.6 - 95.6	59	97.9	94.7 - 99.2	95	94.2	91.6 - 96.1	201
h. Eating more fruits, vegetables, and whole grain products	89.7	81.8 - 94.4	47	86.2	79.9 - 90.7	61	96.9	93.3 - 98.6	95	91.9	89.1 - 94.0	203
i. Choosing foods and snacks that are low in solid fat (i.e., saturated and trans fat)	87.7	79.2 - 93.0	47	83.0	76.0 - 88.3	62	93.8	89.5 - 96.4	95	88.9	85.7 - 91.5	204
j. Choosing foods, snacks, and beverages that are low in added sugars	87.7	79.2 - 93.0	47	83.0	76.0 - 88.3	62	95.8	92.0 - 97.9	95	89.9	86.7 - 92.3	204
k. Choosing foods and snacks that are low in sodium	81.2	71.3 - 88.2	47	79.5	71.8 - 85.5	62	92.7	88.0 - 95.6	95	85.9	82.2 - 88.9	204

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## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

14. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
l. Eating a variety of foods that are high in calcium	79.2	69.1 - 86.5	47	76.8	69.3 - 82.9	63	91.7	87.5 - 94.5	95	84.1	80.4 - 87.1	205
m. Eating a variety of foods that are high in iron	77.6	68.2 - 84.8	48	76.8	69.3 - 82.9	63	88.6	83.7 - 92.1	95	82.3	78.6 - 85.5	206
n. Food safety	73.5	64.4 - 81.0	48	76.8	69.8 - 82.5	63	88.7	83.8 - 92.2	96	81.5	77.9 - 84.6	207
o. Preparing healthy meals and snacks	77.9	71.1 - 83.4	48	84.7	78.0 - 89.6	61	88.7	83.3 - 92.5	95	85.0	81.7 - 87.9	204
p. Risks of unhealthy weight control practices	85.9	78.7 - 90.9	48	79.9	72.9 - 85.4	62	97.9	94.7 - 99.2	95	89.4	86.5 - 91.7	205
q. Accepting body size differences	91.6	84.0 - 95.8	46	85.3	78.4 - 90.3	60	93.8	89.4 - 96.4	95	90.6	87.5 - 93.0	201
r. Signs, symptoms, and treatment for eating disorders	79.5	69.7 - 86.8	48	76.9	69.2 - 83.1	63	90.7	85.7 - 94.1	96	83.7	80.0 - 86.9	207
s. Relationship between diet and chronic diseases	85.4	76.5 - 91.3	47	78.7	72.3 - 83.9	63	88.5	83.0 - 92.4	96	84.6	81.1 - 87.6	206
t. Assessing body mass index (BMI)	71.4	62.2 - 79.1	48	78.4	71.2 - 84.2	61	81.6	75.5 - 86.4	96	78.4	74.4 - 81.9	205
u. The influence of the media on dietary behaviors	80.8	72.3 - 87.2	46	78.4	71.1 - 84.2	62	87.5	81.9 - 91.5	96	83.1	79.4 - 86.3	204
v. Food production, including how food is grown, harvested, processed, packaged, and transported	56.3	47.5 - 64.8	47	66.6	58.7 - 73.7	62	65.4	57.6 - 72.4	95	63.9	59.1 - 68.3	204

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14N. Percentage of schools that taught all 22 nutrition and dietary behavior topics during the current school year.\*

<b>High Schools</b>			<b>Middle Schools</b>			<b>Junior/Senior High Schools</b>			<b>All Schools</b>		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
48.6	39.4 - 58.0	48	54.2	46.7 - 61.6	66	58.2	50.2 - 65.7	95	54.8	50.0 - 59.5	209

\*Responses to question 14 a through v all are "yes."  
 N = Unweighted number of observations

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## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

15. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Short-term and long-term benefits of physical activity, including reducing the risks for chronic disease	94.0	87.3 - 97.3	48	90.7	84.2 - 94.7	64	96.9	93.4 - 98.6	97	94.2	91.6 - 96.1	209
b. Mental and social benefits of physical activity	92.0	84.7 - 95.9	48	92.2	86.0 - 95.8	64	97.9	94.8 - 99.2	97	94.8	92.2 - 96.5	209
c. Health-related fitness (i.e., cardiorespiratory endurance, muscular endurance, muscular strength, flexibility, and body composition)	92.0	84.7 - 95.9	48	93.6	87.7 - 96.8	63	96.9	93.4 - 98.6	97	94.8	92.2 - 96.5	208
d. Phases of a workout (i.e., warm-up, workout, cool down)	94.0	87.3 - 97.3	48	93.5	87.4 - 96.7	62	93.9	89.6 - 96.5	97	93.8	91.0 - 95.7	207
e. Recommended amounts and types of moderate, vigorous, muscle-strengthening, and bone-strengthening physical activity	94.0	87.3 - 97.3	48	90.4	83.7 - 94.5	62	94.9	90.8 - 97.2	98	93.2	90.4 - 95.3	208
f. Decreasing sedentary activities (e.g., television viewing, using video games)	92.0	84.7 - 95.9	48	90.6	84.1 - 94.6	63	96.9	93.4 - 98.6	97	93.8	91.0 - 95.7	208
g. Preventing injury during physical activity	90.0	82.2 - 94.6	48	91.5	84.7 - 95.4	62	94.8	90.8 - 97.2	97	92.7	89.7 - 94.9	207

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15. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence	
		Interval	N		Interval	N		Interval	N		Interval	N
h. Weather-related safety (e.g., avoiding heat stroke, hypothermia, and sunburn while physically active)	75.7	66.1 - 83.2	48	84.0	76.8 - 89.3	64	84.8	79.3 - 89.0	98	82.6	78.8 - 85.9	210
i. Dangers of using performance-enhancing drugs (e.g., steroids)	93.4	86.4 - 97.0	44	80.2	71.3 - 86.8	64	92.9	88.4 - 95.8	98	88.7	85.1 - 91.6	206
j. Increasing daily physical activity	94.0	87.3 - 97.3	48	95.5	90.4 - 97.9	62	97.9	94.7 - 99.2	96	96.3	94.0 - 97.7	206
k. Incorporating physical activity into daily life (without relying on a structured exercise plan or special equipment)	94.0	87.3 - 97.3	48	93.9	88.4 - 96.9	62	91.9	87.2 - 95.0	97	93.0	90.2 - 95.1	207
l. Using safety equipment for specific physical activities	79.8	69.9 - 87.0	48	86.7	79.0 - 91.9	63	88.9	83.7 - 92.7	98	86.3	82.5 - 89.3	209
m. Benefits of drinking water before, during, and after physical activity	94.0	87.3 - 97.3	48	95.5	90.4 - 97.9	62	97.9	94.8 - 99.2	97	96.3	94.1 - 97.7	207

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15N. Percentage of schools that taught all 13 physical activity topics during the current school year.\*

<b>High Schools</b>			<b>Middle Schools</b>			<b>Junior/Senior High Schools</b>			<b>All Schools</b>		
95% Confidence			95% Confidence			95% Confidence			95% Confidence		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
68.9	58.8 - 77.4	47	70.4	61.5 - 77.9	65	77.8	71.6 - 82.9	98	73.4	69.0 - 77.5	210

\*Responses to question 15 a through m all are "yes."  
 N = Unweighted number of observations

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### 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

16. Percentage of schools in which health education staff worked with the following groups on health education activities during the current school year.\*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. Physical education staff	92.5	84.5 - 96.5	41	83.0	75.0 - 88.8	53	82.3	75.7 - 87.4	79	84.8	80.7 - 88.1	173
b. Health services staff (e.g., nurses)	64.0	53.1 - 73.6	41	76.9	67.9 - 83.9	52	64.6	57.8 - 70.9	79	68.5	63.8 - 72.9	172
c. Mental health or social services staff (e.g., psychologists, counselors, social workers)	50.9	41.3 - 60.5	41	63.7	53.1 - 73.1	52	41.8	34.7 - 49.3	79	51.0	45.8 - 56.1	172
d. Nutrition or food service staff	32.2	25.2 - 40.1	41	44.6	35.2 - 54.4	52	41.7	34.1 - 49.7	79	40.6	35.6 - 45.7	172
e. School health council, committee, or team	37.3	29.2 - 46.2	40	67.3	57.1 - 76.1	52	49.5	41.6 - 57.6	79	52.8	47.5 - 57.9	171

\*Among schools that have health education staff.  
N = Unweighted number of observations

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17. Percentage of schools that provided parents and families with health information designed to increase parent and family knowledge of the following topics during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. HIV, other STD, or pregnancy prevention	34.0	26.7 - 42.2	50	38.3	31.3 - 45.9	65	16.3	11.8 - 22.1	93	27.7	24.1 - 31.7	208
b. Tobacco-use prevention	26.5	19.3 - 35.1	50	30.2	23.1 - 38.4	65	27.8	21.9 - 34.5	94	28.3	24.3 - 32.7	209
c. Alcohol- or other drug-use prevention	30.3	22.4 - 39.6	50	35.4	26.9 - 45.0	65	28.8	22.5 - 36.0	94	31.3	26.8 - 36.2	209
d. Physical activity	38.4	29.8 - 47.9	50	41.6	34.1 - 49.6	65	34.4	28.1 - 41.4	94	37.7	33.4 - 42.3	209
e. Nutrition and healthy eating	36.3	27.4 - 46.3	50	41.8	33.7 - 50.3	64	36.4	30.1 - 43.3	94	38.2	33.7 - 42.9	208
f. Asthma	32.6	26.1 - 39.9	50	35.0	27.1 - 43.8	65	28.8	22.7 - 35.7	94	31.7	27.6 - 36.2	209
g. Food allergies	30.6	23.6 - 38.5	50	34.5	26.4 - 43.6	65	34.0	27.7 - 41.0	94	33.4	29.1 - 38.0	209
h. Diabetes	24.8	18.3 - 32.6	50	27.3	20.4 - 35.5	65	22.5	16.7 - 29.6	94	24.6	20.7 - 29.0	209
i. Preventing student bullying and sexual harassment, including electronic aggression (i.e., cyber-bullying)	53.9	44.0 - 63.5	49	65.4	57.6 - 72.4	64	58.5	51.3 - 65.4	94	59.8	55.1 - 64.3	207

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18. Percentage of schools in which teachers have given students health education homework assignments or activities to do at home with their parents during the current school year.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
54.8	47.3 - 62.1	49	56.3	51.1 - 61.5	64	37.5	30.8 - 44.7	91	47.7	43.8 - 51.7	204

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19. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Alcohol- or other drug-use prevention	40.6	32.0 - 49.8	50	32.6	26.4 - 39.5	66	27.5	22.0 - 33.7	98	32.0	28.2 - 36.1	214
b. Asthma	39.0	30.3 - 48.5	50	36.4	30.6 - 42.6	66	45.0	38.4 - 51.7	98	40.8	36.8 - 45.0	214
c. Chronic disease prevention (e.g., diabetes, obesity prevention)	40.7	32.9 - 49.0	50	28.3	21.5 - 36.3	66	26.5	20.4 - 33.6	98	30.2	26.1 - 34.6	214
d. Emotional and mental health	59.9	52.0 - 67.3	50	49.9	41.7 - 58.1	66	42.0	36.2 - 48.1	98	48.5	44.4 - 52.7	214
e. Epilepsy or seizure disorder	28.4	21.1 - 37.1	50	24.1	17.7 - 31.9	66	27.6	22.1 - 33.9	98	26.6	22.8 - 30.8	214
f. Food allergies	32.5	24.9 - 41.1	50	36.3	29.1 - 44.2	66	32.8	26.3 - 40.1	98	33.9	29.7 - 38.5	214
g. Foodborne illness prevention	34.6	26.6 - 43.5	50	21.3	15.4 - 28.6	66	20.8	15.5 - 27.2	97	23.9	20.3 - 28.0	213
h. HIV prevention	38.1	32.8 - 43.8	50	20.8	14.7 - 28.6	66	12.2	8.5 - 17.2	98	20.7	17.6 - 24.1	214
i. Human sexuality	46.1	39.5 - 52.9	50	29.7	22.4 - 38.4	66	12.1	8.2 - 17.6	98	25.4	21.9 - 29.3	214

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19. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
j. Infectious disease prevention (e.g., flu prevention)	36.6	30.7 - 43.0	50	42.9	34.3 - 51.9	66	31.7	25.1 - 39.1	98	36.5	32.1 - 41.2	214
k. Injury prevention and safety	50.1	41.7 - 58.6	50	44.7	36.9 - 52.8	66	43.3	36.0 - 51.0	97	45.3	40.6 - 50.0	213
l. Nutrition and dietary behavior	40.6	32.9 - 48.9	50	28.8	22.2 - 36.5	66	35.8	28.9 - 43.4	98	34.5	30.2 - 39.1	214
m. Physical activity and fitness	54.2	45.6 - 62.6	50	42.9	34.1 - 52.3	66	45.0	38.2 - 51.9	97	46.3	41.6 - 51.1	213
n. Pregnancy prevention	40.4	33.4 - 47.9	50	22.7	16.2 - 30.9	66	7.1	4.3 - 11.7	98	19.6	16.4 - 23.1	214
o. STD prevention	42.1	35.6 - 48.9	50	23.6	17.0 - 31.8	66	10.3	7.0 - 14.9	98	21.7	18.5 - 25.2	214
p. Suicide prevention	71.7	64.1 - 78.3	50	66.0	58.3 - 72.9	66	60.7	53.5 - 67.5	97	64.9	60.5 - 69.0	213
q. Tobacco-use prevention	36.9	28.4 - 46.3	50	28.2	21.6 - 36.0	65	22.4	16.7 - 29.4	98	27.5	23.5 - 31.9	213
r. Violence prevention (e.g., bullying, fighting, dating violence prevention)	65.9	56.0 - 74.6	50	66.9	58.3 - 74.5	65	61.4	53.9 - 68.4	96	64.2	59.4 - 68.8	211

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### 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

20. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Teaching students with physical, medical, or cognitive disabilities	61.4	52.6 - 69.5	50	58.5	49.6 - 66.8	66	39.8	32.9 - 47.0	98	50.7	46.0 - 55.4	214
b. Teaching students of various cultural backgrounds	51.6	44.5 - 58.7	50	52.3	43.5 - 61.0	66	25.5	19.8 - 32.2	98	40.1	35.9 - 44.5	214
c. Teaching students with limited English proficiency	39.7	32.7 - 47.1	50	42.0	34.2 - 50.2	66	18.4	14.1 - 23.6	98	30.9	27.2 - 34.8	214
d. Teaching students of different sexual orientations or gender identities	37.8	31.2 - 44.8	50	25.0	19.0 - 32.3	66	15.4	11.4 - 20.5	98	23.5	20.3 - 27.0	214
e. Using interactive teaching methods (e.g., role plays, cooperative group activities)	53.7	45.0 - 62.2	50	62.3	53.8 - 70.1	66	43.1	36.9 - 49.6	98	51.8	47.4 - 56.2	214
f. Encouraging family or community involvement	49.5	41.8 - 57.2	50	53.2	44.0 - 62.3	66	32.0	25.8 - 38.8	98	42.9	38.3 - 47.5	214
g. Teaching skills for behavior change	43.6	35.8 - 51.7	50	64.6	55.3 - 72.9	66	35.8	29.8 - 42.2	98	47.1	42.7 - 51.5	214
h. Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, behavior management)	65.3	57.1 - 72.6	50	73.1	65.3 - 79.7	66	58.1	51.2 - 64.8	98	64.7	60.3 - 68.8	214
i. Assessing or evaluating students in health education	32.0	25.1 - 39.7	50	44.8	36.6 - 53.4	66	29.6	23.3 - 36.9	98	35.2	30.9 - 39.8	214

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21. Percentage of schools in which the lead health education teacher received professional development on each of the following topics related to teaching sexual health education during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
a. Aligning lessons and materials with the district scope and sequence for sexual health education	25.8	18.7 - 34.3	50	35.4	28.4 - 43.1	65	12.2	8.2 - 17.7	98	22.8	19.4 - 26.7	213
b. Creating a comfortable and safe learning environment for students receiving sexual health education	27.7	21.0 - 35.6	50	31.1	24.1 - 39.3	65	15.3	11.0 - 20.9	98	23.3	19.7 - 27.2	213
c. Connecting students to on-site or community-based sexual health services	21.6	17.5 - 26.4	50	25.4	19.8 - 31.9	65	11.3	7.5 - 16.7	98	18.2	15.4 - 21.4	213
d. Using a variety of effective instructional strategies to deliver sexual health education	27.7	21.0 - 35.6	50	32.6	26.1 - 39.8	65	15.6	10.9 - 21.7	97	23.9	20.4 - 27.8	212
e. Building student skills in HIV, other STD, and pregnancy prevention	29.6	23.2 - 36.9	50	29.7	23.3 - 37.0	65	10.4	7.1 - 15.1	97	21.0	17.9 - 24.5	212
f. Assessing student knowledge and skills in sexual health education	24.3	17.7 - 32.3	49	35.2	28.5 - 42.4	64	14.6	10.4 - 20.1	97	23.5	20.1 - 27.2	210
g. Understanding current district or school board policies or curriculum guidance regarding sexual health education	27.7	20.3 - 36.6	50	33.7	26.4 - 41.8	64	13.6	9.3 - 19.5	96	23.4	19.7 - 27.4	210

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22. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Alcohol- or other drug-use prevention	58.2	50.2 - 65.7	50	50.0	42.1 - 58.0	64	51.3	44.6 - 57.8	98	52.4	48.0 - 56.7	212
b. Asthma	34.7	28.1 - 41.9	50	28.2	20.7 - 37.1	64	31.6	26.3 - 37.4	98	31.1	27.3 - 35.3	212
c. Chronic disease prevention (e.g., diabetes, obesity prevention)	48.5	40.2 - 56.7	50	44.2	35.7 - 53.1	64	48.4	41.7 - 55.2	97	47.1	42.5 - 51.6	211
d. Emotional and mental health	70.2	61.9 - 77.5	50	62.2	53.4 - 70.2	64	58.2	51.5 - 64.5	98	62.1	57.6 - 66.4	212
e. Epilepsy or seizure disorder	38.4	30.9 - 46.5	50	31.6	24.5 - 39.7	64	30.6	25.2 - 36.6	98	32.6	28.8 - 36.8	212
f. Food allergies	34.4	27.0 - 42.6	50	37.9	29.7 - 46.9	64	39.9	33.6 - 46.6	98	38.1	33.7 - 42.6	212
g. Foodborne illness prevention	38.4	31.0 - 46.4	50	30.6	23.2 - 39.2	64	32.6	27.1 - 38.6	98	33.2	29.3 - 37.4	212
h. HIV prevention	49.8	41.3 - 58.2	50	32.0	25.0 - 40.1	64	35.7	29.5 - 42.4	98	37.6	33.4 - 42.0	212
i. Human sexuality	63.6	56.1 - 70.4	50	50.4	42.3 - 58.5	64	44.7	39.0 - 50.5	98	50.7	46.6 - 54.8	212
j. Infectious disease prevention (e.g., flu prevention)	54.6	46.7 - 62.3	50	35.5	27.8 - 43.9	63	36.7	30.3 - 43.6	98	40.3	36.0 - 44.7	211
k. Injury prevention and safety	56.2	46.2 - 65.7	50	43.8	35.9 - 52.1	63	47.7	40.8 - 54.7	98	48.3	43.7 - 53.0	211

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22. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
l. Nutrition and dietary behavior	58.4	50.4 - 65.9	50	49.5	41.1 - 58.0	64	54.1	47.8 - 60.2	98	53.5	49.2 - 57.8	212
m. Physical activity and fitness	60.3	50.9 - 69.0	50	57.8	50.7 - 64.6	64	58.1	51.2 - 64.7	98	58.5	54.1 - 62.7	212
n. Pregnancy prevention	51.9	43.7 - 60.1	50	35.0	26.7 - 44.2	64	39.2	33.0 - 45.8	97	40.6	36.2 - 45.2	211
o. STD prevention	53.9	45.2 - 62.3	50	45.6	37.6 - 53.9	64	42.9	37.0 - 49.1	98	46.2	42.0 - 50.5	212
p. Suicide prevention	65.7	55.9 - 74.4	50	54.4	45.8 - 62.8	64	61.3	54.8 - 67.5	98	60.0	55.4 - 64.4	212
q. Tobacco-use prevention	50.1	42.4 - 57.9	50	39.8	31.1 - 49.3	64	47.4	40.9 - 54.1	97	45.5	41.0 - 50.1	211
r. Violence prevention (e.g., bullying, fighting, dating violence prevention)	70.0	60.6 - 78.0	50	62.2	53.9 - 69.8	64	53.7	46.8 - 60.4	97	60.1	55.5 - 64.5	211

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23. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Teaching students with physical, medical, or cognitive disabilities	56.3	47.8 - 64.5	50	49.1	40.3 - 57.8	64	50.1	44.5 - 55.7	98	51.1	46.9 - 55.4	212
b. Teaching students of various cultural backgrounds	50.1	43.4 - 56.9	50	46.1	37.9 - 54.6	64	37.9	31.6 - 44.6	98	43.3	39.0 - 47.6	212
c. Teaching students with limited English proficiency	43.8	35.9 - 52.0	50	35.0	27.8 - 42.9	64	33.7	28.3 - 39.5	98	36.3	32.4 - 40.4	212
d. Teaching students of different sexual orientations or gender identities	65.8	56.7 - 73.9	50	48.6	39.9 - 57.3	64	36.7	30.3 - 43.5	98	46.9	42.4 - 51.5	212
e. Using interactive teaching methods (e.g., role plays, cooperative group activities)	56.1	48.9 - 63.1	50	47.6	39.6 - 55.8	64	49.9	43.2 - 56.7	98	50.5	46.2 - 54.9	212
f. Encouraging family or community involvement	54.4	46.5 - 62.1	50	55.9	48.4 - 63.1	64	53.0	46.3 - 59.6	98	54.2	50.0 - 58.5	212
g. Teaching skills for behavior change	62.3	53.2 - 70.5	50	53.9	44.6 - 63.0	64	53.2	46.6 - 59.7	98	55.4	50.7 - 60.0	212
h. Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, behavior management)	52.1	44.0 - 60.1	50	50.0	40.9 - 59.0	64	54.2	47.9 - 60.3	98	52.3	47.9 - 56.8	212
i. Assessing or evaluating students in health education	62.4	54.3 - 69.9	50	46.6	37.5 - 55.9	64	54.0	46.9 - 60.9	98	53.4	48.7 - 58.1	212

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24. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics related to teaching sexual health education.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Aligning lessons and materials with the district scope and sequence for sexual health education	50.3	40.8 - 59.7	50	34.9	26.5 - 44.3	65	41.9	35.3 - 48.7	98	41.4	36.7 - 46.2	213
b. Creating a comfortable and safe learning environment for students receiving sexual health education	58.4	49.5 - 66.8	50	42.5	33.7 - 51.9	65	40.6	34.7 - 46.7	98	45.1	40.7 - 49.6	213
c. Connecting students to on-site or community-based sexual health services	56.5	48.0 - 64.5	50	41.1	33.0 - 49.8	65	34.6	28.5 - 41.2	98	41.5	37.2 - 46.0	213
d. Using a variety of effective instructional strategies to deliver sexual health education	68.3	59.6 - 75.9	50	50.5	41.8 - 59.1	64	46.9	40.3 - 53.5	98	52.7	48.2 - 57.2	212
e. Building student skills in HIV, other STD, and pregnancy prevention	62.3	53.2 - 70.5	50	50.2	42.3 - 58.1	65	40.3	33.4 - 47.5	97	48.4	43.8 - 52.9	212
f. Assessing student knowledge and skills in sexual health education	66.1	56.9 - 74.2	50	44.6	36.5 - 53.0	64	46.3	39.8 - 52.9	97	50.1	45.6 - 54.5	211
g. Understanding current district or school board policies or curriculum guidance regarding sexual health education	62.5	52.8 - 71.3	50	39.8	31.1 - 49.3	64	37.2	31.3 - 43.5	97	43.6	39.1 - 48.3	211

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25. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Health and physical education combined	47.4	37.9 - 57.2	42	53.1	43.8 - 62.3	59	45.9	38.7 - 53.1	91	48.6	43.6 - 53.6	192
b. Health education	4.6	1.8 - 11.4	42	4.7	2.2 - 10.0	59	1.0	0.3 - 3.8	91	3.0	1.7 - 5.1	192
c. Physical education	28.7	20.3 - 38.9	42	20.0	13.9 - 28.0	59	28.6	22.4 - 35.9	91	25.8	21.7 - 30.4	192
d. Other education degree	0.0	†	42	6.4	3.2 - 12.2	59	1.1	0.3 - 4.2	91	2.6	1.5 - 4.8	192
e. Kinesiology, exercise science, or exercise physiology	0.0	†	42	0.0	†	59	2.3	0.9 - 5.7	91	1.1	0.4 - 2.7	192
f. Home economics or family and consumer science	9.5	4.8 - 18.0	42	8.9	4.9 - 15.9	59	11.2	7.7 - 15.9	91	10.1	7.5 - 13.4	192
g. Biology or other science	5.0	2.0 - 12.3	42	3.7	1.4 - 9.3	59	4.3	2.8 - 6.8	91	4.3	2.8 - 6.4	192
h. Nursing	4.7	1.8 - 11.8	42	1.6	0.4 - 5.8	59	3.3	1.5 - 7.1	91	3.0	1.8 - 5.2	192
i. Counseling	0.0	†	42	0.0	†	59	0.0	†	91	0.0	†	192
j. Public health	0.0	†	42	0.0	†	59	0.0	†	91	0.0	†	192
k. Nutrition	0.0	†	42	0.0	†	59	0.0	†	91	0.0	†	192
l. Other	0.0	†	42	1.6	0.4 - 5.8	59	2.3	0.9 - 5.7	91	1.6	0.7 - 3.4	192

† Confidence intervals not applicable for 0 percent or 100 percent.  
N = Unweighted number of observations

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26. Percentage of schools in which the lead health education teacher is certified, licensed, or endorsed by the state to teach health education in middle school or high school.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
73.7	64.7 - 81.0	50	75.7	66.9 - 82.8	64	74.4	67.7 - 80.2	98	74.7	70.2 - 78.7	212

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### 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

27. Percentage of schools in which the lead health education teacher had the following number of years of experience teaching health education courses or topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. 1 year	7.9	4.0 - 15.0	50	10.6	6.9 - 16.2	64	8.2	5.1 - 13.0	98	8.9	6.7 - 11.9	212
b. 2 to 5 years	20.5	13.3 - 30.2	50	30.1	22.0 - 39.6	64	33.7	27.3 - 40.7	98	29.6	25.2 - 34.4	212
c. 6 to 9 years	9.7	5.2 - 17.1	50	14.1	8.9 - 21.6	64	18.3	13.5 - 24.3	98	15.0	11.9 - 18.8	212
d. 10 to 14 years	31.9	25.1 - 39.5	50	19.9	14.4 - 26.8	64	13.2	9.3 - 18.4	98	19.5	16.4 - 23.0	212
e. 15 years or more	30.1	20.8 - 41.5	50	25.3	18.0 - 34.1	64	26.6	21.3 - 32.7	98	26.9	22.8 - 31.5	212