



**Nebraska**  
HEALTHY SCHOOLS  
PROGRAM

Agenda- Nebraska Department of Education

Nebraska Healthy Schools Recognition and Education Conference: Connecting Health and Academic Achievement



March 25th 2020: 9:00 to 3:30, Nebraska Innovation Campus, Lincoln NE 68508

Contact [jessie.coffey@nebraska.gov](mailto:jessie.coffey@nebraska.gov) with questions

8:15 to 9:00	<b>Registration and Breakfast</b>					
9:00 to 9:15	<b>Welcome</b>					
9:15 to 10:15	<b>ESSA, School Accountability and the Whole Child- NDE</b>					
<b>GoNoodle and Exhibits- 10:15 to 10:30</b>						
<b>Breakout #1:</b>  <b>10:40 to 11:40</b>	<b>Nutrition (Healthy)</b>  Go Big Breakfast- Innovative: Generating Administrator and Teacher Buy-in	<b>Physical Activity (Healthy)</b>  It's An Outdoor Education Adventure	<b>Chronic Disease/ Health Services (Safe)</b>  <i>Advocating for Students</i>	<b>Social Determinants of Health (Supported)</b>  The Last Straw- Social Determinants of Health: Part 1	<b>Family and Community Engagement (Engaged)</b>  Bridging the Gap Between School and Out of School Programs	<b>SEL/Mental Health (Supported)</b>  Staff and Student Wellbeing-



			<i>with Special Needs</i>	<a href="#">Click here to learn more</a>  <i>*if selecting to attend this session plan to attend both the am and pm breakout</i>	Alliance for Healthier Generations	Sharing My Mental Health Journey- Conner O  <a href="#">Main room</a>
11:55 to 12:45	<b>Awards Luncheon Presentation- Healthy Schools In Action Recognition and Exhibits</b>  <b>NDE will Recognize 35 Schools for their Health and Wellbeing Initiatives</b>					
<b>Breakout #2- 12:45 to 1:45</b>						
12:45 to 1:45	<b>What Now? Getting ready for Triennial Assessment of USDA Wellness Policies</b>  <i>Alliance for Healthier Generation</i>	The Power of Play -What does effective brain break implementation look like?	<b>Managing Asthma and Food Allergies in the Classroom</b>	<b>SDOH- The Last Straw -Part 2</b>  <a href="#">Click here to learn more</a>	<b>Substance Abuse, Vaping and e-cigarettes use</b>	<b>ACE's and Trauma Informed Practices</b>  Main Room



1:45 to 1:55	<b>PA Break/GoNoodle- Snacks Evaluation Reminder</b>
2:00 to 3:15	<b>Closing Keynote: School Connectedness Coach: Tara Brown -<a href="https://theconnectioncoach.org/">https://theconnectioncoach.org/</a></b>
3:15 to 3:30	<b>Closing, Evaluation and Bingo Card Prize Drawings</b>

**Student Track: Challenged- Secondary Students grades 6-12, room capacity 35**

Secondary students (grades 6-12) are invited to participate in a youth specific track where they will learn about physical, social emotional and mental health practices in an interactive level. We encourage you to think about having students attend this event in March.

8:15 to 9:00	<b>Registration and Grab and Go Breakfast</b>
9:00 to 9:40	<b>Student Welcome Activity- Healthy Students Learn Better!- Alliance for Healthier Generations</b>
9:45 to 11:45	<b>Interactive Poverty Simulation/Activity</b>
11:45 to 12:45	<b>Awards Luncheon Presentation and Exhibits- Schools Receive Recognition of Wellness Accomplishments</b>
12:45 to 1:45	The Mind Inside Two- Discussions about Teens and Social Media Use



**Nebraska**  
HEALTHY SCHOOLS  
PROGRAM

1:45 to 2:00	<b>Break: Students help lead GoNoodle: Snack</b>	
2:00 to 2:45	<b>Break the Stigma-Youth Stories of Addressing Mental Health Challenges</b>	
2:45 to 3:15	No Limits- Tobacco Free Presentation	
3:15 to 3:30	<b>Students complete evaluation</b>	Paper eval