

HIGH FIVE FOR QUALITY ACTIVITY INSTRUCTIONS



What parent doesn't love having their child's handprint? It's a way to mark their growth, and it's like a permanent high five!

For the High Five for Quality activity, we're encouraging child care providers to celebrate Step Up to Quality's five year anniversary with a special handprint activity. We've supplied the sheet — simply print it out and follow these instructions (or just do what you normally do if you have a system that works).

- 1 Make sure your paint is water-based and non-toxic, especially for the babies in your care.
- 2 May we suggest you use blue for your paint color? It's our signature color.
- 3 Choose a time for this activity when your kiddos are easy-going and happy, like after snack or nap time.
- 4 Prepare your painting space by putting down newspaper or plastic table cloths for easy clean up.
- 5 Explain the activity to the kids — involve them in the celebration!
- 6 Brush the paint over the child's hand — aim for even coverage but not too much paint.
- 7 Give the paper a high five by guiding their hands and pressing their fingers and palm gently into the table.
- 8 Slowly lift the hand and head to the sink to wash hands.
- 9 Let the paper dry for several hours — consider sending it home the next day so it has plenty of time to completely set.

Name _____ Age _____

Date _____ Care Provider _____



Five fingers for five years!

Step Up to Quality celebrates each child with a high five and enthusiastic cheers!

“While I miss you all day
I’m having fun and making friends
and learning through a lot of play!”

We are proud to be a Step Up To Quality provider.

