

NEBRASKA'S AWARE-SEA GRANT PROJECT: GOALS AND OBJECTIVES

“Advancing Wellness and Resiliency in Education” through School - Behavioral Health Partnerships

Project's Focus: Enhancing collaborative relationships between State and local systems partners to promote the healthy development of students and prevent youth violence.

GOAL 1: Positive, Supportive and Trauma-Informed Learning Environments

Prevent the development of mental health and behavioral disorders among students at each of the project's Local Education Agency (LEA) sites by providing a positive, supportive, and trauma-informed learning environment.

- Objective 1.1:** By the end of 2018-2019 School Year, each LEA will receive technical assistance in evidenced-based practices that foster a positive, supportive school climate.
- Objective 1.2:** By the beginning of 2019-2020 School Year, and each project year thereafter, each LEA will increase school staff and School Resource Officers' (SROs) awareness and literacy of signs, symptoms, and effects of trauma.
- Objective 1.3:** By the end of 2019-2020 School Year, and each project year thereafter, 75% of LEA staff and SROs will be trained in selected evidence-based practices for positive, supportive school climates and trauma-informed classrooms.

GOAL 2: Student Resilience and Pro-Social Behavior

Increase development of student skills fostering resilience and pro-social behaviors at each LEA site through strength-based approaches and/or social-emotional learning.

- Objective 2.1:** By December of 2019, each LEA will receive technical assistance in evidence-based practices in student resilience and social-emotional learning.
- Objective 2.2:** By the beginning of the 2020-2021 School Year, and each project year thereafter, 75% of LEA staff will be trained in selected practices for student resilience and social-emotional learning.
- Objective 2.3:** By the end of the 2020-2021 School Year, and each project year thereafter, LEA staff will deliver selected practices for student resilience and social-emotional learning to 100% of students in targeted grades.

GOAL 3: School-Based Mental Health Services for Students

Increase the school-based mental health services available to students at each LEA site.

- Objective 3.1:** By November of 2018, and each project year thereafter, each LEA will have a qualified mental health provider(s) available to provide school-based services to students.
- Objective 3.2:** By January, 2019, and each project year thereafter, each LEA will develop and implement a comprehensive plan of school-based mental health services.

GOAL 4: Identification, Immediate Response and Clinical Interventions

Increase each LEA's capacity to identify and immediately respond to the mental health needs of students exhibiting behavioral or psychological signs requiring clinical intervention.

- Objective 4.1:** By January of 2019, and each project year thereafter, each LEA will increase school staff and SROs' awareness and literacy on the signs and symptoms of mental disorders.
- Objective 4.2:** By the end of 2018-2019 School Year, and each project year thereafter, 75% of LEA staff and SROs will be trained in selected evidence-based practices in mental health first aid, crisis response, and intervention.
- Objective 4.3:** By the end of 2018-2019 School Year, and each project year thereafter, 100% of students exhibiting signs of a mental health disorder will be screened and referred for clinical intervention, as appropriate.

GOAL 5: Bullying, Aggression and Youth Violence Interventions

Increase each LEA site's capacity to identify and intervene in bullying and aggressive or violent behaviors of students that may contribute to school violence.

- Objective 5.1:** By January of 2019, and each project year thereafter, each LEA will increase school staff and SROs' awareness and literacy about bullying, aggression and youth violence.
- Objective 5.2:** By the end of the 2018-2019 School Year, and each project year thereafter, 75% of LEA staff, SROs, and school mental health providers will be trained on selected crisis-related evidence-based practices.