

After School Care Snacks in the National School Lunch Program

FACT SHEET

Eligible Programs

To be eligible to qualify for reimbursement under the National School Lunch Program, after school care programs must meet the following three criteria:

1. The program must be operated by a school district or residential child care facility (RCCI) that participates in the National School Lunch Program (NSLP).
 - The program does not have to use school district personnel or regular school facilities.
 - The school district or RCCI must retain final administrative and management responsibility for the program, including the program site.
 - The school district or RCCI must be the party that enters into the agreement with the Nebraska Department of Education (NDE) – Nutrition Services and must assume full responsibility for meeting all program requirements.
2. The purpose of the program must be to provide care in after school settings.
 - Programs must be organized to provide children with regularly scheduled activities in a setting that is structured and supervised.
 - Regularly scheduled does not mean the program has to meet daily.
 - While eligible programs do not need to establish formal enrollment procedures, they must have a means of determining if children are present on a given day, such as a roster or sign-in sheet.
3. Eligible programs must include educational or enrichment activities in a structured, supervised environment.
 - Any extracurricular activities such as the school choir, debate team, and drama society, et al. can qualify to participate under this provision only if their basic purpose is to provide after school care as defined above.
 - Organized athletic programs engaged in interscholastic sports cannot be approved as an after school care program under this provision.

Eligible Sites

Schools qualify for snack reimbursement based on the free, reduced and paid eligibility of the children enrolled in the school.

1. Snacks Claimed as Free based on Area Eligibility

Sites located in areas served by a school or RCCI in which 50 percent or more of the enrolled children are eligible for free or reduced price meals:

- Are eligible to claim all snacks at the free rate of reimbursement regardless of each individual child's eligibility for free or reduced price meals.
- Must document, using October claim data from the previous school year, that the site is located at a school, RCCI or in the attendance area of a school where at least 50 percent of the enrolled children are eligible for free or reduced price meals.
- Cannot charge children for snacks

2. **Snacks Claimed as Free/Reduced/Paid based on Non-Area Eligibility**

Sites located in areas served by a school in which less than 50 percent of the enrolled children are eligible for free or reduced price meal meals:

- Must count snacks and claim reimbursement by type: free, reduced and paid.

Non-Area Eligible Sites have the option of implementing either a Pricing Program or a Non-Pricing Program.

- Pricing Program - students are charged a fee for the snack based on their eligibility status;
 - Free eligible students - receive their snack at no charge,
 - Reduced price students - may be charged a maximum of 15 cents, and
 - Paid students - pay the price determined by the school/facility.
- Non-Pricing Program - all students receive their snacks at no charge and snacks are claimed in their respective categories - free, reduced and paid.

Reimbursement

- Schools may claim reimbursement for one snack, per child, per day. Children are eligible to participate through the age of 18, and if a child's nineteenth birthday occurs during the school year, reimbursement may be claimed for that student during the remainder of the school year.
- Snacks served to adults are not reimbursable.

Times of Operation

- Snacks served in programs that operate before or during the school day may not be reimbursed.
- Schools and RCCIs cannot be reimbursed for snacks served on weekends or holidays, including vacation periods. Sites located in areas served by a school or RCCI follow the public school's calendar.
- A child's eligibility is based on when their scheduled school day ends. For example, if a kindergarten program ends at noon but the children remain in school under a care program as described above, snacks served to these children may be reimbursed.
- When a school has split sessions, children enrolled in the early session, who participate in an approved after school program, may receive a reimbursable snack even though the school continues to operate later into the afternoon.

After School Care Snack Meal Pattern

- Snacks served under this provision must meet the meal pattern requirements for snacks set forth in 7 CFR section 210.10.
- To be eligible for reimbursement, the snack must contain at least two different components from the following four:
 - a serving of meat or meat alternate,
 - a serving of whole grain or enriched bread and/or cereal
 - a serving of vegetable(s) or fruits(s) or full strength vegetable or fruit juice, or
 - a serving of milk

See the attached After School Snack Meal Pattern.

- With the After School Care Snack Program, the Offer Versus Serve provision does not exist. This means that to claim a snack for reimbursement, the child must be served the entire snack. The child is not allowed to turn anything down.

- Production Records documenting the food components served must be completed on a daily basis. See the attached Daily Snack Production Record.
- The After School Snack Program is not to be confused with USDA's Smart Snacks in Schools; the two are unrelated. USDA's Smart Snack regulations specifically refer to foods/beverages that can be sold to students during the school day.

Additional Requirements

- School districts and RCCIs must contact NDE - Nutrition Services of their intent to participate in the after school snack program.
- Each program site eligible to participate in the after school care snack program must complete the appropriate section of the Site Application in their annual online agreement.

Record Keeping

At a minimum, school districts and RCCIs participating in this program must maintain the following records:

- If all snacks will be claimed free, the program site must be located in an area served by a school or RCCI in which 50 percent of the enrolled students are eligible for free or reduced price meals.
- For all other sites, documentation of the student's eligibility (free, reduced or paid) must be maintained.
- For all snacks claimed as Free – the total student snack count must be recorded daily for eligible sites.
- For snacks claimed as Free/Reduced/Paid – the snack count must be recorded daily by individual student name. See attached Monthly Snack Participation for Snacks Claimed as Free/Reduced/Paid.
- Attendance must be recorded daily.
- Production Records must be completed daily to demonstrate compliance with meal pattern requirements.
- Two On-Site Reviews of the After School Care Snack Program must be completed annually. See attached On-Site Review Summary form.

AFTER SCHOOL SNACK MEAL PATTERN

MINIMUM QUANTITIES FOR AFTER SCHOOL SNACK MEAL PATTERN

SELECT ONE SERVING FROM TWO DIFFERENT FOOD COMPONENTS

| | Required Grade Group |
|--|--|
| Food Components | Grades K-12 ¹ |
| Milk: fluid as beverage or on cereal (include low fat choices) | 8 fluid ounces |
| Fruit/Vegetable: May be fruit and/or vegetable; OR full strength fruit juice OR full strength vegetable juice (Includes potatoes but not potato chips. Includes commodity spaghetti sauce and commodity salsa, but other brands do not credit as vegetable without a Child Nutrition (CN) label.) | ¾ cup |
| Grains/Breads: Must be enriched or whole grain flour (read label) A serving is a slice of bread OR ½ cup of rice or pasta (cooked) OR ¾ cup or 1 ounce of dry cereal OR an equivalent serving of other grain-based items as listed on the "Grains/Breads List" ²) | 1 serving |
| Meat/Meat Alternate: Meat, poultry, fish (cooked) Cheese, aged or processed Alternate protein products ³ Egg (large) Cooked dry beans/peas Yogurt (commercially prepared) Peanut butter or other nut/seed butter Peanuts, soy nuts, tree nuts, seeds (Bacon, imitation cheese, canned or powdered cheese/sauce, and tofu do not credit as meat/meat alternate components.) | 1 ounce 1 ounce 1 ounce ½ ¼ cup ½ cup 2 Tbsp. 1 ounce |

¹ Children are eligible through the age of 18, or through the school year in which they turn 19 years old.

² FNS Instruction 783-1, Rev. 2

³ Alternate protein products must meet USDA requirements.

IMPORTANT:

Serving sizes may be exceeded.

Snacks with **ONLY** the following **are NOT reimbursable:**

- ✓ Two fluids (e.g. milk and fruit juice).
- ✓ Two foods from the same food component (e.g. fruit juice and carrots)

After School Care Snack Program

CREDITABLE AND NON-CREDITABLE FOODS

When planning snack menus, be sure the foods used to meet meal pattern requirements are creditable. The following list is not all-inclusive and only is provided as a guide. Please contact Nutrition Services if you have questions regarding how a particular food item contributes to the meal pattern.

Creditable

Milk and Milk Products:

Cocoa – made from fluid milk
Flavored and unflavored milk
Milk shakes – made with 8 oz. fluid milk

Fruits and Vegetables:

100% Juice
Fruit Juice Blends if 100% juice
Vegetable Juice Blends if 100% juice
Dried Fruit
Dried Beans/Peas – counts as either fruit/veg or meat/meat alternate but not both
Potatoes
Olives/Pickles- high in sodium-limit usage

Grains and Breads: (refer to Grains/Breads List for portion size/weight equal to one serving.)

Cereal – dry or cooked
Cereal Bars
Grain Fruit Bars/Granola Bars
Cookies/Bars/Brownies/Cakes/Crisps
Breads/Crackers
Tortilla Chips/Pretzels/Corn Chips

Meat/Meat Alternates (M/MA):

Cottage Cheese: 1/4 cup = 1 oz. M/MA
Yogurt, plain/flavored: 1/2 cup = 1 oz. M/MA
Dried Beans/Peas – count as either fruit/veg or meat/meat alternate but not both
Nuts, Seeds, or Butters: 2 Tbsp = 1 oz. M/MA
Cheese, Natural or Processed: 1 oz = 1 oz. M/MA

Non Creditable

Milk and Milk Products:

Cocoa mix made with water
Custard/Ice Cream/Ice Milk/Sherbet/Sorbet
Pudding/Pudding Pops
Yogurt (credits as a meat/meat alternate)

Fruits and Vegetables:

Cocktails/Fruit “Drinks”/Fruit Flavored Powders/Punch/Lemonade/Nectar
Jello, Gelatin
Potato Chips or Sticks
Fruit in Cookies, Poptarts or Yogurt
Fruit Rollups, Fruit Shapes, Gummies

Grains and Breads:

Pop Corn
Caramel Corn
Hominy
Potatoes (credits as a vegetable, not a grain)

Meat/Meat Alternates:

Bacon/Bacon Bits
Canned Soup
Cheese Products (imitation, canned, powdered)
Cream Cheese
Tofu
Yogurt Bars (frozen commercial product)
Yogurt covered Fruits/Nuts



AFTER SCHOOL SNACK PROGRAM

DAILY PRODUCTION RECORD (Snacks Claimed On School Days ONLY)

Site Name: _____ Week: _____ Year: _____

| MEAL PATTERN | MENU | SERVING SIZE | QUANT. PREP. | NUMBER SNACKS |
|---|------|--------------|--------------|--|
| MONDAY: SNACK (Select 2 of 4 food groups) Milk, Fluid (1 CUP) Juice or Fruit or Veg. (3/4 C) Grains/Breads (1 SERVING) Meat or Meat Alternate (1 OZ) | | | | Students: Adults: |
| TUESDAY: SNACK (Select 2 of 4 food groups) Milk, Fluid (1 CUP) Juice or Fruit or Veg. (3/4 C) Grains/Breads (1 SERVING) Meat or Meat Alternate (1 OZ) | | | | Students: Adults: |
| WEDNESDAY: SNACK (Select 2 of 4 food groups) Milk, Fluid (1 CUP) Juice or Fruit or Veg. (3/4 C) Grains/Breads (1 SERVING) Meat or Meat Alternate (1 OZ) | | | | Students: Adults: |
| THURSDAY: SNACK (Select 2 of 4 food groups) Milk, Fluid (1 CUP) Juice or Fruit or Veg. (3/4 C) Grains/Breads (1 SERVING) Meat or Meat Alternate (1 OZ) | | | | Students: Adults: |
| FRIDAY: SNACK (Select 2 of 4 food groups) Milk, Fluid (1 CUP) Juice or Fruit or Veg. (3/4 C) Grains/Breads (1 SERVING) Meat or Meat Alternate (1 OZ) | | | | Students: Adults: |

After School Snack Ideas (K- 12 grades)

| | |
|---|--|
| Pumpkin bread/muffin - 1.8 oz slice or larger Pineapple juice - $\frac{3}{4}$ cup | Toasted cheese on whole wheat bread (1 slice bread - 0.9 oz & 1 oz cheese) |
| Broccoli, carrot and cauliflower pieces - $\frac{3}{4}$ cup total vegetables w/dip Wheat crackers - 8 shredded wheat type or 0.7 oz | Lowfat yogurt - $\frac{1}{2}$ cup Fruit slices - $\frac{3}{4}$ cup (strawberry, apple, kiwi, or other) |
| Soft pretzel - 0.9 oz or larger Apple juice - $\frac{3}{4}$ cup | Baked apple with raisins - 1 medium apple + $\frac{1}{4}$ cup raisins Cheese cube - 1 oz |
| Refried beans - 2 Tbsp + (cheese 0.5 oz) Tortilla chips - 0.9 oz | Watermelon - $\frac{3}{4}$ cup Sweet cinnamon roll unfrosted - 1.8 oz |
| Tuna, egg or ham salad - 1 oz meat or $\frac{1}{2}$ egg Pita pockets - 0.9 oz | Bran muffin - 1.8 oz Pear (fresh or canned) - $\frac{3}{4}$ cup |
| Lowfat yogurt - 4 fl. oz Wheat crackers - 8 shredded wheat type or 0.7 oz | Bagel and cream cheese - 0.9 oz Juice - $\frac{3}{4}$ cup |
| Cornbread muffins - 1.1 oz Milk - 1 cup | Peanut Butter - 2 Tbsp Saltine crackers - 8 crackers or 0.7 oz |
| Cheese sticks or cubes - 1 oz Seedless grapes - $\frac{3}{4}$ cup | English muffin - 0.9 oz Pineapple orange juice - $\frac{3}{4}$ cup |
| Vegetable juice - $\frac{3}{4}$ cup String cheese - 1 oz | Fresh fruit salad - $\frac{3}{4}$ cup Pancake - 1.1 oz |
| Blueberry muffin - 1.8 oz Cottage cheese - $\frac{1}{4}$ cup | Cantaloupe - $\frac{3}{4}$ cup Saltines - 8 crackers or 7 oz |
| Banana slices - $\frac{3}{4}$ cup Graham crackers squares - 0.9 oz | Applesauce - $\frac{3}{4}$ cup Graham crackers squares - 0.9 oz |
| Hard boiled egg - $\frac{1}{2}$ egg Grape juice - $\frac{3}{4}$ cup | Fried rice - $\frac{1}{2}$ cup Peach (fresh or canned) - $\frac{3}{4}$ cup |
| Cereal mix - $\frac{3}{4}$ cup Milk - 1 cup | Oatmeal cookie - 1.1 oz Strawberry/peach/pineapple kabobs - $\frac{3}{4}$ c. |
| Whole wheat toast - 0.9 oz Orange slices - $\frac{3}{4}$ cup | Plain granola bar - 1.8 oz Cheese stick - 1 oz |
| Hard bread stick - 0.7 oz Cheese cubes - 1 oz | French toast - 2.2 oz Melon balls - $\frac{3}{4}$ cup |
| Biscuits - 0.9 oz Pineapple chunks - $\frac{3}{4}$ cup | Strawberries - $\frac{3}{4}$ cup Cinnamon grahams - 0.9 oz |
| Banana muffin - 1.8 oz Milk - 1 cup | Cornbread - 1.1 oz piece Baked apples - $\frac{3}{4}$ cup |
| Whole grain bread - 0.9 oz Mandarin oranges - $\frac{3}{4}$ cup | Soft pretzel - 0.9 oz Pears - $\frac{3}{4}$ cup |
| Muffin - 1.8 oz Juice - $\frac{3}{4}$ cup | Bran muffin - 1.8 oz Apple slices - $\frac{3}{4}$ cup |
| Purchased cinnamon roll - 1.8 oz unfrosted Pineapple juice - $\frac{3}{4}$ cup | English muffin - 0.9 oz Fruit cocktail - $\frac{3}{4}$ cup |
| Rice - $\frac{1}{2}$ cup Peaches - $\frac{3}{4}$ cup | French bread - 0.9 oz Pears - $\frac{3}{4}$ cup diced |

| | |
|--|--|
| Whole wheat toast 1 slice - 0.9 oz Tomato juice - ¾ cup | Saltine - 8 crackers or 0.7 oz Cheese - 1 oz |
| 1 Waffle - 1.1 oz or larger Strawberries - ¾ cup | Homemade cheese pizza - crust 0.9 oz or larger + cheese 1 oz |
| Grain fruit bar - 2.2 oz Cocoa (made with fluid milk) - 1 cup | Pig in a blanket - biscuit 0.9 oz or larger + hot dog 1 oz |
| Graham crackers – 0.9 oz Apricots - ¾ cup canned | Fruit cup - ¾ cup Cheese - 1 oz |
| Raisin toast - 0.9 oz slice Orange Juice - ¾ cup | Assorted cereal mix - ¾ cup Juice - ¾ cup |
| Peanut butter cookies - 2.2 oz Milk - 1 cup | Sandwich - 1 slice whole wheat bread + 1 oz meat |
| Oatmeal muffin - 1.8 oz Melon balls - ¾ cup | Apple rings - ¾ cup Peanut butter - 2 Tbsp |
| Ginger snaps - 1.1 oz Applesauce - ¾ cup | Graham crackers - 0.9 oz Milk - 1 cup |
| Saltines - 8 squares or 0.7 oz Vegetable sticks - 9 carrot sticks (4" x ½") + 6 celery sticks (3" x ¾") Ranch dressing (extra) | Cucumber and carrot coins - ¾ cup total Cottage cheese - ¼ cup |
| Toast - 0.9 oz Peanut butter - 2 Tbsp | Whole wheat hard bread sticks - 0.7 oz Fruit salad or cocktail - ¾ cup |
| Hard breadsticks - 0.7 oz Tomato juice - ¾ cup | Cottage cheese - ¼ cup Crushed pineapple - ¾ cup |
| Granola bar - 1.8 oz Grape juice - ¾ cup | Fruit kabobs - ¾ cup total Cheese sticks - 1 oz |
| Cinnamon toast - 1 slice or 0.9 oz Pineapple juice - ¾ cup | Deviled eggs - ½ egg Wheat thins - 0.7 oz |
| Bagel - 0.9 oz Orange slices - ¾ cup | Cinnamon roll - 1.8 oz unfrosted Milk - 1 cup |
| Graham cracker squares - 0.9 oz Fruit cocktail – ¾ cup | Scrambled egg - 1/2 egg = 1 oz Tortilla - 0.9 oz |
| Cottage cheese - ¼ cup Corn chips - 0.9 oz | Pineapple chunks or grapes - ¾ cup Animal crackers - 0.9 oz |
| Apple slices - ¾ cup Cheese slice - 1 oz | Pancake - 1.1 oz Peanut butter - 2 Tbsp. |
| Strawberries - ¾ cup (or other fruit) Cereal - ¾ cup | Pear slices - ¾ cup Swiss cheese - 1 oz |
| Shaved ham - 1 oz Saltine crackers - 8 squares or 0.7 oz | Mandarin oranges - ¾ cup Fried rice - ½ cup Fortune Cookie - extra |
| Soft pretzel - 0.9 oz Homemade Cheese Sauce - 1 oz meat alternate | Ants on a log (celery, peanut butter, raisins) Peanut butter - 2 Tbsp + celery sticks – ¾ cup |
| Peanut butter cookie - 2.2 oz Milk - 1 cup | Milk shakes - made with 1 c. fluid milk Sugar cookie - 1.1 oz |
| Blueberry muffins - 1.8 oz Cantaloupe - ¾ cup | Waffles - 1.1 oz Applesauce - ¾ cup |

On-Site Review Summary for After School Care Snack Program

Each site operating an After School Snack Program must be reviewed by the school district or residential child care facility (RCCI) two times per year under 7CFR 210.9(c)(7). The first review must be completed by the school district or RCCI during the first four weeks the snack program is in operation. The second review can be any time during the remainder of the school year. If the school district or RCCI has more than one after school care snack program each site must be reviewed twice. The completed reviews should be kept on file at the school district or RCCI with other records pertaining to the After School Care Snack Program.

School District _____ Review Date: _____

Feeding Site: _____

Check type of review completed:

_____ Conducted within the first four weeks of snack operation.
Date site started serving snack for this school year: _____

_____ Second review of the school year.

1. Describe the educational and/or enrichment element of this site's after school snack program:

2. What method best describes the counting method used for the after school snacks?

Check one:

- _____ 1. Roster/Check off
- _____ 2. Ticket/Tally
- _____ 3. Electronic Device
- _____ 4. Other (describe): _____

3. What method is used for taking attendance?

Check one:

- _____ 1. Roster/Check off
- _____ 2. Ticket/Tally
- _____ 3. Electronic Devices
- _____ 4. Other (describe): _____

3. Are production records maintained daily?

_____ Yes _____ No

4. Do production records indicate snacks meet meal pattern requirements for both components and quantities?

_____ Yes _____ No

If no, identify problems and document corrective action:

Signature of Person Conducting Review

Date Review Completed

