

Nebraska One-Year Opportunity Grant

END OF GRANT SUMMARY

PROJECT NAME

WeCook

GRANTEE

Partnership for a Healthy Lincoln

OVERVIEW

WeCook has been a tremendous success! Providing this curriculum to Elliott, Everett and Huntington CLC in Lincoln took quite a bit of legwork to get off the ground, but once we got into the swing of things the staff and students excelled in the areas of cooking, nutrition and physical activities. Families of the youth welcomed health and wellness advice and enjoyed sampling tasty treats straight from the mobile kitchens. We are thankful for UNL Extension 4-H for creating this opportunity and helping to seamlessly create this type of club for CLC youth and families. The waiting list for youth to join WeCook is evident that learning how to prepare foods and how to make those foods healthy is appealing to youth in the CLC program. It was especially apparent that the family engagement events brought intentional time to discuss healthy options and provide families with the means to practice these habits at home. Youth were also able to learn about careers in Culinary Arts and ask questions to several Hy-Vee Chefs.

SITES

Elliott- Grades 2-5
Everett- Grades 3-5
Huntington- Grades 3-5

PARTNERS

UNL Extension 4-H
Community Crops
CLC
LPS
Parks and Recreation
Family Service
YMCA
Elliott Elementary
Everett Elementary
Huntington Elementary
Hy-Vee (50th & O, 40th & Old Cheney)

FOCUS AREAS

Cooking
Nutrition
Physical Fitness
Gardening
Career Awareness

AMOUNT AWARDED

\$31,493

PARTICIPANTS

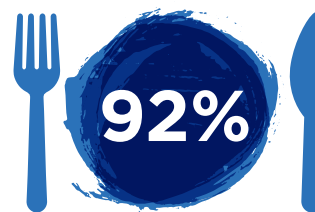


95 (Grades 2-5)



REGULAR ATTENDERS

FREE & REDUCED LUNCH



MINORITY



SPED

