

Praxis® Family and Consumer Science (5122) Curriculum Crosswalk

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Test Content Categories	Required Course Numbers										
I. Food and Nutrition (22%)											
A. Culinary Arts and Food Science											
1. Understands safety and sanitation procedures related to equipment and food preparation, service and storage.											
2. Is familiar with how food gets from farm to table											
3. Understands the sources of food contamination											
4. Knows the role of local, state, and federal agencies in ensuring food safety											
5. Knows general concepts of food science											
6. Knows biological, chemical, and physical properties of food and food preservation methods											
7. Knows how to plan menus and present food											
8. Is familiar with basic culinary terms, equipment, and techniques for food preparation											
9. Understands recipe modifications, substitutions, and basic conversions											
10. Knows the impact of environmental factors on food preparation and production											
11. Understands process skills needed in the hospitality industry											
B. Nutrition and Wellness											
1. Understands the basic biochemical processes food undergoes in the human body											
2. Understands the functions and sources of nutrients and the dietary guidelines necessary for healthy living throughout the life cycle											

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Test Content Categories	Required Course Numbers											
3. Understands factors that influence food consumption, nutrition, and behavior												
4. Is familiar with the impact of environmental, economic, scientific, technological, and governmental influences on food and nutrition, from farm to table												
5. Knows how to interpret nutritional information and data												
6. Knows techniques for promoting healthy living through nutrition and wellness initiatives												
II. Housing and Interior Design (12%)												
1. Knows how interior and architectural designs of the past influence modern design												
2. Knows the elements and principles of design as applied to housing and interiors												
3. Knows the different types of housing needed throughout the life span												
4. Is familiar with the environmental impact of interior and exterior housing materials												
5. Knows the characteristics of housing												
6. Understands the various factors that affect housing choices												
III. Textiles, Fashion, and Apparel (12%)												
A. Consumer rights and responsibilities: legal and ethical considerations												
1. Is familiar with regulations, safety standards, and ethical issues related to textiles and apparel production												
2. Is familiar with equipment, tools, cost analysis,												

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and basic techniques for the construction of textile products and apparel											
3. Is familiar with the history of fashion and design and its influence on the production of apparel											
4. Is familiar with the basic types and characteristics of fashion, textiles, and apparel											
5. Knows the methods of evaluating fashion, textiles, and apparel											
6. Knows the social, cultural, economic, and psychological factors that affect apparel choices											
7. Knows the basic elements and principles of design as applied to textiles, fashion design, and wardrobe planning											
8. Knows methods for wardrobe maintenance, alteration, storage, and cleaning											
IV. Human Development and Interpersonal Relationships (20%)											
A. Families and Relationships											
1. Knows the factors affecting interpersonal, family, community, and professional relationships throughout the life cycle											
2. Knows the functions of relationships (e.g., interpersonal, family, and community)											
3. Knows the strategies and resources for promoting communication and strengthening interpersonal and family relationships											
4. Knows parenting styles and their impact on family relationships											
5. Knows the skills, strategies, and resources necessary to deal with change, conflict, and crisis											

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Test Content Categories	Required Course Numbers										
6. Understands the historical significance of the family as the basic unit of society as well as present-day family structures											
7. Is familiar with public policies and social, cultural, technological, and economic factors that affect families											
8. Understands the family life cycle and its impact on the individual, the family, and society											
9. Is familiar with external support systems that provide services for parents and families throughout the life cycle											
B. Human Development and Early Childhood Education											
1. Understands the stages, characteristics, and interrelatedness of physical, social, emotional, moral, and cognitive development throughout the life cycle											
2. Knows the physical, psychological, hereditary, and environmental factors that affect human growth and development throughout the life cycle											
3. Understands the foundational theories of human development											
4. Is familiar with strategies for monitoring stages of human development											
5. Understands practices that optimize human growth and development throughout the life cycle											
6. Is familiar with the regulations and ethical standards related to caregiving throughout the life cycle											
7. Is familiar with exceptionalities in human growth and development requiring special resources and											

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responses												
8. Knows how to plan, conduct, and assess developmentally appropriate and safe early childhood learning experiences												
9. Is familiar with the components of an early childhood education curriculum that promote early language acquisition and address the diverse needs of children												
10. Understands the process skills needed to manage early childhood education programs												
V. Foundations of Family and Consumer Sciences Education (16%)												
1. Knows the foundations of and the social, economic, political, and ethical issues in family and consumer sciences education												
2. Is familiar with resources for professional development and continuing education, including local, state, and national professional family and consumer sciences organizations												
3. Is familiar with the mission, goals, and organization of Family, Career and Community Leaders of America (FCCLA)												
4. Understands how core academic standards are embedded and reinforced within a family and consumer sciences curriculum to promote student achievement												
5. Knows techniques for creating student-centered learning and laboratory experiences related to family, careers, and community												
6. Knows strategies for selecting, adapting, and using resources to promote authentic assessments												

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in family and consumer sciences education												
7. Is familiar with career paths and opportunities related to the disciplines within the family and consumer sciences field												
VI. Resource Management (18%)												
A. Financial Literacy												
1. Knows financial factors that affect transportation and housing acquisition												
2. Understands essential financial literacy concepts and their impact on financial management throughout the life cycle												
3. Understands the decision-making, problem-solving, and critical-thinking skills necessary in managing finances												
4. Knows financial planning skills, including the ability to interpret basic financial records, and how to use them to meet individual and family goals												
5. Is familiar with the basic services offered by various types of financial institutions												
6. Knows procedures for establishing, maintaining, and protecting credit												
7. Is familiar with laws and policies associated with financial management												
8. Knows strategies for evaluating and selecting risk-management resources for individuals and families (e.g., home, auto, health care)												
B. Careers and Consumer Education												
1. Knows strategies for selecting and managing individual and family resources (e.g., land, labor, capital)												

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2. Knows the impact of consumer decisions on the physical environment											
3. Knows consumer rights and responsibilities											
4. Is familiar with governmental laws and policies related to consumerism											
5. Knows strategies for evaluating the durability, efficiency, and cost of consumer products and services											
6. Knows strategies for making informed career decisions, taking into account current trends and resources											
7. Knows the multiple roles, responsibilities, and resource-management skills involved in family, work, and community settings											
8. Understands the decision-making and problem-solving processes needed to address family, community, and workplace issues and responsibilities											
9. Is familiar with local, state, and federal resources that assist the family, community, and workplace											